



INFORMATION AND CONSENT FOR MICROPHLEBECTOMY

It has been determined that you are a candidate for MICROPHLEBECTOMY.

Please read the following before consenting to proceed with this treatment.

- What is micro-phlebectomy? Micro-phlebectomy is one method of eliminating bulging varicose veins. The treatment consists of two steps: First, the veins to be treated are outlined with a marking pencil and the areas around the veins are carefully injected with an anesthetic solution. Then small 1-2 mm incisions are made at intervals along these veins. Using tiny instruments called vein hooks, we gently tease out the veins through these small incisions. Steri-strips are sometimes used to secure the wounds. Stitches are not needed. Compression is applied to the leg with compression hose. This is worn continuously for 2 days and then compression is no longer needed.
- How many treatments will I need? Generally one treatment is successful in removing the bulging veins in a given area. Occasionally an additional treatment may be required in this area. If there are multiple areas (thigh, lower leg, ankle/foot) or bulging veins in both legs), additional visits are required.
- Does micro-phlebectomy work for everyone? Most patients who have micro-phlebectomy will have improvement in their venous disease. Unfortunately, neither cosmetic nor symptomatic improvement is guaranteed. Sometimes the results do not meet the patient's expectations. Rarely, a patient may actually be worse after the treatment.

What are the major risks of micro-phlebectomy?

1. Some patients may develop brown discoloration of their skin consisting of spots or streaks after treatment. In most cases, this resolves 6-12 months after treatment. In rare cases, this discoloration may be permanent.
2. New spider veins may form in a treated area. Most of these will resolve within a year. Occasionally, treatment of these new veins will be required, either with sclerotherapy or laser.
3. Some bleeding is expected and while this is invariably small, more significant bleeding could occur. Elevating the leg will usually control any bleeding that could occur at home later that day.
4. Infection may occur after this treatment. Generally, this would present as redness, increasing pain, swelling and fever and would require treatment with antibiotics.
5. Allergic reactions to any of the local anesthetics could occur. These allergic reactions are generally immediate and may include rashes, hives, breathing problems, or death. Even if you've never had a reaction to a local anesthetic before, it could occur.

What side effects should I expect?

1. Itching and mild to moderate pain or aching in the legs are common for 1-2 days after ambulatory phlebectomy. Walking more will usually relieve this.
2. Numbness and swelling of the leg or ankle may uncommonly result from the compressing and will usually resolve within 1-6 months.
3. Some bruising is common and will fade within a month.
4. The bandage or stocking may cause a rash, blisters, or skin irritation.

Are there other treatments for varicose veins?

Surgeries, such as injection sclerotherapy, and endovenous laser closure are possible alternative treatments for larger varicose veins.

After a procedure we always encourage you to call the office with any concerns.

It is important to stop all aspirin and anti-inflammatory medications 1 week before the procedure. This includes Motrin, Nuprin, Ibuprofen, and Aleve. If you take coumadin it is important to remind us. Do not apply any lotions to the skin on the day of treatment.

CONSENT

By signing this form, I attest that I have read and understand the procedure and its risks, and that it has been explained to my satisfaction. I agree to proceed with the treatment today.

Photographs: I consent to the taking of photographs while I am undergoing treatment and the use of those photos for scientific, educational or research purposes. I understand that I will never be identified personally with the photos.

Signature

Date

Print Name