



## Microneedling Consent Form

I hereby authorize Advanced Vein Center to perform Microneedling Treatment, with or without platelet rich plasma (PRP). I understand that this procedure is purely elective. I understand the following contraindications and will notify my provider if any of the following apply to me:

### Contraindications

- |   |  |
|---|--|
| <input type="checkbox"/> Active infections - viral, fungal, bacterial | <input type="checkbox"/> Have had laser, waxing or chemical peel in the last week                |
| <input type="checkbox"/> Active acne or cold sores                    | <input type="checkbox"/> Rashes, warts, skin cancer, herpes, psoriasis, raised moles, sun burn   |
| <input type="checkbox"/> Immune-suppressed patients                   | <input type="checkbox"/> Patients on anticoagulants (NSAIDS, ASA, Coumadin/Warfarin) or Accutane |
| <input type="checkbox"/> Skin-related autoimmune disorders            |  |
| <input type="checkbox"/> Pregnant or breastfeeding                    |  |
| <input type="checkbox"/> Recent ablative dermal procedures            |  |
| <input type="checkbox"/> Actinic (solar) keratosis, keloids           |  |

### What to Expect

- Depending on the area of your face or body being treated, the procedure is well-tolerated and in some cases virtually painless, with only a mild prickling sensation.
- Your practitioner will apply a topical anesthetic to your skin prior to treatment to reduce any pain or discomfort.
- Your skin will be pink or red in appearance, much like a sunburn, for a couple of hours after treatment.
- Minor pinpoint bleeding is desirable and bruising is possible
- Your skin may feel warm, tight and itchy but this should subside in 12-48 hours.
- PRP ONLY: Approximately 20cc of blood will be drawn from the patient into tubes which are placed in a centrifuge where they are spun to separate red blood cells from the PRP. The PRP is then injected or applied topically to the skin.

### Possible Side-Effects

- Side effects or risks are minimal with this type of treatment and typically include minor flaking or dryness of the skin with scab formation in rare cases.
- Milia (small white bumps) may form; these can be removed by the practitioner.
- Hyper-pigmentation (darkening of certain areas of the skin) can occur very rarely and usually resolves after a month.
- If you have a history of cold sores, this procedure may cause flare ups.
- Temporary redness and mild-sunburn effects may last up to 4 days.
- Freckles may temporarily lighten or permanently disappear in treated areas.
- Other potential risks include: crusting, itching, discomfort, bruising, infection, swelling, and failure to achieve the desired result. Permanent scarring (less than 1%) is extremely rare.

### CONSENT

The benefits and risks of the procedure have been explained to me, and I accept these benefits and risks. I am also aware of and accept the risk of rare and unforeseen complications which may not have been discussed and which may result from this treatment. I have had the opportunity to ask questions about this procedure and alternatives including no treatment and my questions have been answered to my satisfaction.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

Updated 7/29/20