

Sydney Ottosen

Education:

- Bachelor of Science in Exercise Science, Colorado Mesa University/ Bloomfield College NJ

Professional interests:

Sydney enjoys anatomical kinesiology and understanding how the body moves. She is interested in pursuing Physical Therapy school to become a PT. She has specific interest in athletes and return to sport protocols.

Personal Interests:

Sydney enjoys spending time with her family/friends and spending time with her black lab named Wrigley. She also enjoys playing volleyball and coaching. She likes to do everything outdoors such as working out, hiking, playing corn hole and skiing.

