



Digestive Disease Consultants  
of Orange County

Your trusted center  
of excellence for  
comprehensive  
GI care.



**WELCOME TO  
DIGESTIVE DISEASE CONSULTANTS OF  
ORANGE COUNTY**

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IRVINE MEDICAL ARTS



## A DIFFERENCE YOU CAN SEE AND FEEL

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When you have a digestive problem, you need a physician who focuses on diagnosis, treatment and after-care, including your nutritional requirements, for good health. Digestive Disease Consultants of Orange County has earned an excellent reputation among patients and fellow physicians. We were recognized as "Physicians of Excellence in Gastroenterology" by the Orange Country Register and the Orange County Medical Association, in 2015, 2016 and 2017.





## SHAHROOZ BEMANIAN, MD, FACP, MA, MS

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**Board-Certified:** Gastroenterology/Hepatology;  
Internal Medicine

**Fellow:** American College of Physicians

**Fellowship-Trained:** Gastroenterology/Hepatology, Liver  
Transplantation, USC, Los Angeles, CA

**Residency:** USC, Los Angeles, CA

**Chief Resident:** Internal Medicine, USC, Los Angeles, CA

**MD:** Chicago Medical School, N. Chicago, IL

**MS:** Chicago Medical School, N. Chicago, IL

**MA:** Boston University, Boston, MA

## PAUL S. LEE, MD, MPH, MA

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**Board-Certified:** Gastroenterology/Hepatology; Internal Medicine

**Fellowship-Trained:** Gastroenterology/Hepatology; ERCP

**Residency:** University of Southern California–Los Angeles County Medical Center

**MPH:** University of California School of Public Health, Los Angeles, CA

**MD:** George Washington University Medical School, Washington, DC

**Awards:** Physicians of Excellence Award, Orange County Register and Orange County Medical Association, 2015, 2016, 2017





## VICTOR T. YU, MD

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**Board-Certified:** Gastroenterology/Hepatology;  
Internal Medicine

**Fellowship-Trained:** Gastroenterology/Hepatology,  
Liver Diseases, USC

**Residency:** Internal Medicine, Los Angeles  
County/USC General Hospital, Los Angeles, CA  
**MD:** University of Southern California, Keck School of  
Medicine

**Awards:** Resident of the Year, Physician of Excellence,  
Orange County Medical Association, 2017

## MICHELLE M. COPPEL, MPH, RD, CHES

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**MPH:** Loma Linda University School of Public Health,  
Loma Linda, CA

**BA:** Nutrition and Food, Point Loma Nazarene  
University, San Diego, CA

**Certifications:** Registered Dietitian, California  
Children's Services Paneled Dietitian, Certified Health  
Education Specialist, Certificate of Training in Adult  
Weight Management

**Member:** Academy of Nutrition and Dietetics





## EFFECTIVE NONSURGICAL WEIGHT LOSS PROGRAMS

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We are among the first area practices offering the new, state-of-the-art, nonsurgical weight loss, gastric balloon placement for more – and easier – weight loss and treatment of obesity. It takes a few minutes to perform with no hospital stay, no incisions, no scars and no digestive system alteration. The gastric balloon stays in place for up to six months. Our one-year comprehensive weight loss programs continue for another six months after gastric balloon removal with our physicians and Registered Dietitian.

## ADVANCED TREATMENTS FOR ABDOMINAL PAIN

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There are many causes for abdominal pain, diarrhea and constipation – IBS, gluten intolerance, celiac disease, heartburn/acid reflux/GERD and ulcers (peptic ulcers and stomach ulcers), to name a few. A variety of diagnostic tools are available to diagnose the cause of your pain, including colonoscopy, upper endoscopy, capsule endoscopy and blood testing to determine the cause and provide the best treatment options.





## EFFECTIVE NONSURGICAL HEMORRHOIDS TREATMENT

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We perform hemorrhoid banding, also known as rubber-band ligation, using the CRH O'Regan System. This simple, safe option for the vast majority (95%) of hemorrhoid sufferers is by far the most effective hemorrhoids treatment. The procedure takes less than a minute and there is virtually no pain or recovery time. In most instances it is covered by insurance.

## COLORECTAL CANCER PREVENTION AND MUCH MORE

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If you are 50 or older (45 or older if you are African-American), you can save yourself time by scheduling your colonoscopy directly with our gastroenterologists. In most cases you don't need a referral. Colonoscopy is an outpatient procedure and the best way to identify and remove precancerous polyps.





## DIAGNOSIS AND TREATMENT OF GLUTEN INTOLERANCE

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If you react badly to food products containing gluten, you should get tested for celiac disease before you start on a gluten-free diet. Gluten intolerance does not necessarily mean that you have celiac disease, and you should not switch to a gluten-free diet unless you have a confirmed diagnosis. Celiac disease is a problem because gluten triggers an abnormal immune response that damages the small intestines in those patients.

## LEADING-EDGE GASTROENTEROLOGY PROCEDURES

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From advanced treatments for acid reflux to cancer preventive techniques such as colonoscopy, our team is well-trained to handle all of your gastroenterology needs.

- Colonoscopy
- Capsule endoscopy
- Upper endoscopy
- Hemorrhoid treatment
- ERCP
- Single-balloon enteroscopy
- BRAVO pH testing
- H. Pylori breath testing
- Gastric balloon





## CONTACT US

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### **Digestive Disease Consultants of Orange County**

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