

ASK THE DOCTOR



Alexis D. Furze, M.D., FACS, FAAOHN, FAFPRS
Double Board Certified ENT, Facial Plastic, Nasal and Sinus Surgeon

Dr. Furze is Orange County's expert in Nasal & Sinus Surgery and Facial Plastic & Reconstructive Surgery. Dr. Furze holds double board certifications and three surgical fellowships including a fellowship in the American College of Surgeons and the American Academy of Facial Plastic and Reconstructive Surgery. Dr. Furze currently serves as the Chair of the ENT department at Hoag Hospital and also treats our Military Veterans at the V.A. Medical Center in Long Beach. In a field where experience is key, Dr. Furze has performed over 15,000 nasal and sinus surgical procedures, using the most advanced surgical and non-surgical techniques.

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Q When should I see an Ear, Nose and Throat (ENT) doctor?



The ear, nose and throat systems are all connected. If you are having trouble breathing, experience snoring or sleep apnea, recurring sinus infections, facial pain or pressure, including headaches or toothaches, ear infections, post nasal drip in the throat and have ruled out allergies, it may be time to visit an ENT specialist. Dr. Furze is able to easily find a solution to these problems using a combination of his nasal camera and/or his in-office CT scanner.

Q. I can't breathe well inside my nose, but I would also like to change the way my nose looks on the outside, can this be done by any surgeon?

A Dr. Furze recommends finding a surgeon that specializes in the nose, internally and externally so that you do not end up with loss of function in the nose over time. Dr. Furze is trained as an ENT as well as a Facial Plastic Surgeon. He specializes in surgeries from the neck up, specifically the nose. The most commonly requested surgery Dr. Furze performs is correcting nasal breathing issues internally, while beautifying the outside of the nose at the same time. Dr. Furze also spends a significant portion of his time correcting previously botched nasal surgeries with revision rhinoplasty.

Q. What kind of minimally invasive solutions are available for recurring sinus infections, chronic runny noses and snoring?

A When medical management has been exhausted, including lifestyle changes and medications, Dr. Furze may recommend a minimally invasive solution. Depending on the condition, Dr. Furze offers cutting edge technology, like snoring implants, balloon sinus technology and runny nose cryotherapy to address these concerns. These in-office procedures can be done in a couple of hours and do not require anesthesia. Our patients typically experience little down time and return to work within 24-48 hours.