

# Emere Healthcare

Maryam Rahimi, DO; Fady Elias, MD



Dr. Maryam Rahimi is Board Certified in Physical Medicine and Rehabilitation and serves as the Medical Director for Emere Health Care in Newport Beach and South Bay. Dr. Maryam Rahimi and her team, offers the most state-of-the-art treatments, including platelet rich plasma (PRP) and stem cell therapy. These non-surgical regenerative treatments help harness the body's innate ability to heal itself. Dr. Rahimi and her colleague Dr. Fady Elias, at the Ortho Regenerative Institute in Costa Mesa, work collaboratively, using a multidisciplinary approach to treatment to help patients reduce pain and increase mobility.

"The human body possesses amazing regenerative properties," says Dr. Rahimi. "Through the most innovative and cutting-edge techniques we can now harness the body's innate ability to heal itself, reduce pain, speed healing and restore functionality."

PRP treatments are used for orthopedic joint injuries, such as tendon and ligament tears and ruptures, cartilage tears and wear, sprains and strains as well as meniscal tears and osteoarthritis. PRP is used alone or in conjunction with other non-invasive techniques.

A significant amount of research is currently being conducted in the field of regenerative medicine. There is a growing body of literature supporting the use of adipose derived stem cell therapy to potentially alleviate a variety of conditions such as arthritis, tendon or ligament tears and ruptures. It can be used alone or in conjunction with other therapies.

"Millions of people are affected by arthritis and many patients are looking to treatment modalities other than just surgery," says Dr. Elias who has treated elite athletes and patients from across the globe. "Stem cell therapy is offering breakthrough treatment for a variety of patients, without the pain and recovery time associated with surgery."

## SPECIALTIES

- Musculoskeletal injuries
- Neck/back/shoulder/knee pain
- Repetitive stress injuries
- Sports-related injuries
- Spinal Stenosis
- Herniated Discs
- Degenerative Disc Disease
- Osteoarthritis
- Fibromyalgia
- Peripheral Neuropathy
- Diabetic Neuropathy

## SERVICES RENDERED

- PRP Platelet Rich Plasma Injections
- Stem cell therapy
- PRP and Stem cell facials
- Viscosupplementation of the knee joint
- Peripheral joint injections
- Electrodiagnostic and nerve conduction studies
- Botox Injection
- Trigger point injections
- Prescribe Orthotic/prosthetic devices
- Prescribing a tailored exercise program specific to diagnosis

## DR. RAHIMI

- Board Certified in Physical Medicine and Rehabilitation
- Diplomate and Fellow of American Academy of Physical Medicine and Rehabilitation

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