

Musculoskeletal Conditions Treatment

Patient Guide

Living Better

With All Natural Treatments

Table of Contents

1.	About Wei Musculoskeletal Institute.....	3
2.	Our Approach	3
3.	Herbal Formulas Employed	8
4.	Treatment Recommendations.....	9
4.1	Ligament and Muscle Tear, Sprain and Strain	9
4.2	Tendon Injury, Tendonitis and Tendinosis	9
4.3	Bone Fracture	10
4.4	Cartilage Injury.....	10
4.5	Osteoarthritis.....	11
4.6	Piriformis Syndrome, Hip Osteoarthritis, Avascular Necrosis	12
4.7	Back Pain, Bulging/Herniated Disc and Degenerative Disc Disease (DDD)	13
4.8	Bone Spurs and Spinal Stenosis.....	15
4.9	Rheumatoid Arthritis and Ankylosing Spondylitis.....	15
5.	Selected Herbs Employed.....	17
6.	Herbal Formula Ingredients	19
7.	Selected Case Studies	20

1. About Wei Musculoskeletal Institute

As a leading innovator in the field of natural wellness care, Wei Musculoskeletal Institute network practitioners are specialized in treating tough to treat musculoskeletal conditions using natural solution provided by our partner We Laboratories, Inc. Wei labs offers a 100% natural herbal treatment based on the combined knowledge of Traditional Chinese Medicine and modern biochemistry. For 15 years, our practitioners have been treating tough to treat acute and chronic musculoskeletal conditions using Wei Lab's herbal formulas with 95% success rate. We have successfully helped many patients become pain free and avoid surgery with a total regain of their functionality.

Often, today's Western Medicine is exclusively a symptom based approach. This means providing some immediate relief of symptoms by use of anti-inflammatory, and pain killer medications. This approach provides some temporary pain relief but ignores the root cause of the condition and tissue damage. Ultimately, it leads to progression of the patient's condition and patients may face surgery as their only option even though surgery cannot offer a guarantee to the resolution and often may carry significant side effect and risk of introducing additional damage.

Alternatively, the Wei Labs herbal formulas enhance the ability of the body to repair damage and reverse chronic musculoskeletal conditions and heal non-healable injuries. For injuries that can naturally heal, Wei Lab's herbal formula can accelerates the healing 5-10 times faster. By returning the body's musculoskeletal system to its natural state of function and structure, we provide a better outlook for a patient's future and eliminate the need for surgery. Our treatment philosophy is based in Traditional Chinese Medicine. This means we focus on the root cause of a condition and the related organ system.

2. Our Approach

For patients who have tough to treat musculoskeletal conditions, Wei Lab's musculoskeletal treatment solution- FASTT Patch, WHITEE Patch and internal formulas will help restore the damaged structure, and reverse the musculoskeletal system degeneration by targeting the root cause. The herbal solution helps resolve tough to treat conditions including bulging/herniated disc, stenosis, bone spur, osteoarthritis, bone-on-bone conditions, rheumatoid arthritis, or ankylosing spondylitis, and accelerate healing of a wide array of musculoskeletal injuries such as torn muscle, ligament, tendon, cartilage and spinal disc, bone fractures, tendonitis. Our treatment has achieved consistent and satisfactory results through the following approaches:

2.1 Enhance Blood Flow

Blood vessels are often injured in many acute or chronic injuries. Such blood vessel injuries combined with injury-induced local inflammation can cause substantially reduced local blood flow

limiting the injury healing process. Some tissues such as tendons have an inherently limited blood supply and heal very slow following injury. The use of FASTT Patch and WHITEE Patch can enable a quick repair of the blood vessel and improve local blood flow to supply oxygen, catalytic enzyme co-factors, and building blocks to support the immune system for the healing of tissue injuries with enhanced biosynthesis of essential tissues such as collagens for ligament and tendon repair, myofibrils for muscle repair, proteoglycan for cartilage and spinal disc regeneration, and compact bone tissue for bone regeneration. These will result in an accelerated healing of acute injuries and reversal of chronic conditions.

2.2 Enhance Local Lymphatic Circulation and Breakdown of Necrotic Tissue

Acute or chronic injury can damage the lymph vessel and cause excess accumulation of waste toxins and dead tissue in the injured area affecting injury repair and tissue degeneration. The use of FASTT Patch and WHITEE Patch helps repair the lymph vessel and enhance lymphatic circulation to help the immune system accelerate cellular waste debris removal and break down of necrotic tissue or dead tissue in the injured area and open up space for new tissue regeneration resulting in accelerated healing of acute injury and reversal of chronic conditions.

2.3 Accelerate Biosynthesis, Enhance Metabolism and Local Microcirculation

Patients may find the local temperature treated with the FASTT or WHITEE Patch 2 degrees warmer than the adjacent untreated areas. This reflects an enhanced immune activity and increased local metabolism with the use of FASTT Patch and WHITEE Patch, which results in an accelerated biosynthesis of myofiber for muscle regeneration, collagen for ligament and tendon repair, and proteoglycan for joint cartilage and spinal disc repair and regeneration for healing of acute injuries and reversal of chronic conditions.

It is a common belief that joint cartilage and /or vertebral fibrocartilage cannot regenerate or regrow and any damage to them is thus permanent. In fact, cartilaginous tissue regenerates, but at a very slow rate. Cartilaginous tissue does not have a blood supply, and instead relies upon local microcirculation for nutrient and immune support. Normal cartilage regenerative activity can repair daily wear and tear. As people age, the microcirculation of their synovial lining become less efficient, resulting in a decreased nutrient supply to their avascular cartilage. This slows their cartilage regeneration and allows degeneration to overcome it. WHITEE Patch not only increases the local blood supply, but also increases local microcirculation to provide necessary nutrient for cartilage regeneration.

2.4 Toxin and Fluid Removal through Sweat Glands and Skin Irritations

An excessive amount of liquid and toxins can be accumulated at the injured location such as a joint or spinal disc in a very chronic conditions and simply enhanced lymphatic circulation may not be sufficient to clear the liquids and toxins quickly. Through a process referred to as Expelling Damp,

FASTT Patch and WHITEE Patch can help extract the fluid and toxins to the skin surface through the sweat gland. These toxins can cause skin irritation when the toxins are disposed through the skin. However, the skin irritation should cease in one week.

2.5 Enhance Catabolism for Scar, Calcification and Bony Tissue Removal

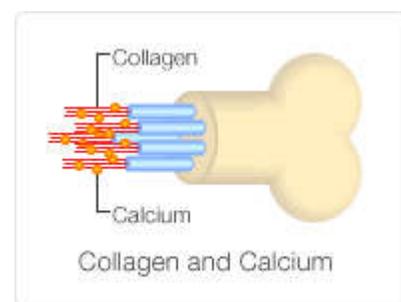
Scar tissue, calcification, and bony growth which is referred to as Blood Stasis in TCM, it is required to assist the immune system to carry out a catabolic process and induce certain programmed cell death processes. The use of WHITEE Patch can help initiate and accomplish this process to dissolve scars, calcification and bony growth.

2.6 Enhance Systemic Microcirculation for Severe Conditions and Elderly

Patients who have degenerative joint or spinal disc conditions, chronic musculoskeletal injuries, are aged or have other medical conditions may have decreased systemic microcirculations due to under functioning capillaries. With a compromised microcirculation, patients have difficulty absorbing the nutrients from the digestive tract and the nutrients in the blood can't access the desired tissue to support tissue regeneration leading to joint/spinal disc degeneration and cause acute musculoskeletal injuries to become a chronic condition. By incorporating the LC Balancer to help repair the capillary structure and open up the smallest blood vessel to enhance whole body microcirculation, our practitioners can help patients improve nutrient absorption and achieve reversal of chronic joint disc and other musculoskeletal injuries or degeneration.

2.7 Improve Liver Function and Reverse Stenosis and Bone Spur

Bone formation and remodeling is a complicated process which is coordinated primarily between the osteoblast and osteoclast. The bone primarily consists of calcium which functions as the cement and collagen fibers which function as the reinforcing rods if the bone is thought of as reinforced concrete. Collagen accounts for 90% of the proteins in the bone tissue. The other 10% are non-collagenous proteins. Among these non-collagenous proteins, a plasma protein called alpha-2 HS-glycoprotein (also known as fetuin-A) is synthesized in the liver. It has been found that this molecule functions as an important inhibitor of ectopic calcification on the systemic level. Our clinical observations also found that patients with bone spurs or stenosis usually exhibit liver deficiencies. The ectopic calcification or unwanted calcification may be caused by decreased inhibitory activity of the fetuin-A deficient extracellular fluid on mineral formation, which is due to poor liver function. By incorporating Brown with LC Balancer to improve the liver function in combination with the WHITEE Patches, our practitioner can help reverse stenosis and bone spurs and can successfully prevent the reformation of unwanted calcifications.



2.8 Improve Lymphatic Circulation and Reverse Joint / Spinal Disc Autoimmunity

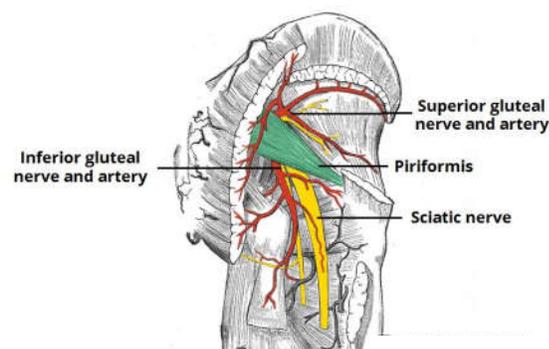
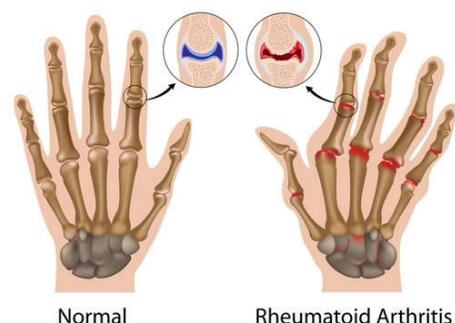
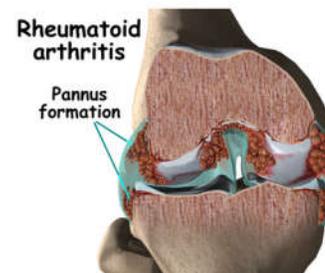
Autoimmunity to the joint and spinal disc is a condition in which the patient's immune system attacks their joint synovial membrane and spinal disc causing rheumatoid arthritis and Ankylosing Spondylitis. Poor lymphatic circulation can cause accumulation of excessive waste molecules in the lymphatic system and trigger immune reactions. Such excessive waste accumulation in the lymphatic system is referred to as Spleen Damp in TCM. By incorporating Java and LC Balancer to improve lymphatic circulation and clear the waste in the lymphatic system in combination with the WHITEE Patches, our practitioners can help reverse the autoimmune condition and repair joint damage.

In about 75% of RA case, the normally thin synovial membrane of the hand joints proliferates to form a thick, villous edematous pannus that releases substances that quicken bone erosion, cartilage destruction and damage to the surrounding ligaments. The involved joints lose their shape and alignment, resulting in deformities. Our clinical observation has found that patients with joint deformity usually exhibit liver deficiency. Treatment with Brown to improve liver function can help reverse joint deformity.

Ankylosing Spondylitis is an autoimmune disease that causes vertebrae and the joint swelling and eventual fusion of the spine. It is a condition caused by both liver deficiency and Spleen Damp. Treatment with Java/LC Balancer to clear Spleen damp and Brown/LC Balancer to improve liver function will help resolve this condition.

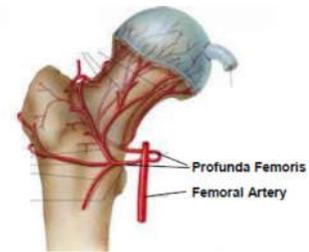
2.9 Improve Digestive Tract Health and Reverse Piriformis Syndrome, Heal Hip Pain, Hip Osteoarthritis and Avascular Necrosis

Piriformis Syndrome is a condition when the Piriformis muscle contracts and spasms, compressing and irritating the sciatic nerve causing sciatic pain along the path of the sciatic nerve descending down the lower thigh and into the leg. Piriformis muscle spasms also compress the superior and inferior gluteal nerve and arteries beneath the muscle causing contractions of other muscles in the buttocks and cause symptoms of hip muscle pain, coldness, tightness, tingling and numbness in the buttocks. Hip muscle contractions and tightening further compresses the femoral artery and its branch, the profunda femoris, the



main artery supplying blood to the hip joint capsule and the femur neck, resulting in restricted blood supply and causing hip joint cartilage degeneration, hip osteoarthritis and femur neck bone death leading to osteonecrosis, or avascular necrosis. Injury to the hip joint can also cause hip osteoarthritis.

The Piriformis muscle is the most important muscle in the lower body involved in balance, posture, and every move of the lower body. Contraction of the Piriformis muscle moves the body in different directions. Tightening of Piriformis muscle is one of the stress responses for “fight-flight” and the muscle can lock at the contraction mode if the body is under a prolonged stress condition. Piriformis syndrome can be developed resulting in hip pain, osteoarthritis and



osteonecrosis. Another two common responses to stress is round-up of the shoulder and contraction of the stomach with reduced blood flow to these areas. Prolonged stress can also cause stomach conditions as well as shoulder conditions. From our clinical observations, it has been found that most patients who have hip osteoarthritis also have stomach conditions including acid reflux, GERD, poor digestion, or stomach ulcers due to poor blood supply to the stomach. By incorporating Spring Capsule, SJ, and Formula B, our practitioners can help relax the stomach contraction and improve blood flow to the stomach and simultaneously help relax the Piriformis muscle and resolve hip coldness and tightness from Piriformis Syndrome. Used in combination with WHITEE patches and LC Balancer, our practitioners can help reverse the hip joint degeneration

Pain Reduction Pattern– Initial Pain Increase

Patients with chronic injuries such as tendinosis, may experience an initial sharp pain spike due to a reversal from the chronic condition to an acute condition taking place. The pain should decrease and dissipate as treatment continues.

Patients with chronic joint or disc injuries or conditions may experience a fluctuation in the pain level as a result of the healing process and the restoration of nerve sensation. Typical pain reduction patterns are:

- Direct pain reduction
- Change of a dull aching pain to a sharp pain followed by pain reduction
- An increase in pain for the first 7-10 days followed by pain reduction (especially for traumatic disc injuries)
- Initial pain reduction, reappearance of pain, and finally pain reduction

3. Herbal Formulas Employed

Our treatment uses Wei Lab's all-natural Chinese herbal formulas with other natural treatments, such as acupuncture and chiropractic adjustment. The herbal formulas employed include:

FASTT Patch: Accelerates healing of bone, tendon, muscle and ligament injuries by increasing local blood flow, local lymphatic circulation, biosynthesis of molecules such as myofiber for muscle repair, collagen for ligament and tendon repair and compact bone tissue for bone repair. Conditions the FASTT Patch can help include muscle strain, torn muscle, ligament sprain, torn ligament, torn tendon, tendonitis, bone fracture, non-union fracture, stress fracture, and bursitis.

WHITEE Patch: Restores cartilage tissue damage in the joints and spinal disc by increasing local blood flow, local lymphatic circulation and biosynthesis of the proteoglycan for cartilage repair. Conditions the WHITEE Patch can help include meniscus tear, cartilage injuries, osteoarthritis, baker's cyst, growth plate injuries, Spinal disc injuries, degenerative disc disease, Bulging/herniated disc, facet syndrome, bunions, and Morton's neuroma.

Brown: Improves liver function and structure by increasing liver blood supply and enhancing repair of liver damage. Healthy liver function will enhance the hepatic synthesis of alpha-2 HS-glycoprotein which is a critical component to prevent bone spurs and stenosis formation. Used in combination with WHITEE Patch and LC Balancer to reverse stenosis and bone spur conditions.

LC Balancer: Improves systemic micro-circulation, kidney function and nutrient absorption by strengthening the structure of the microcapillaries including renal tubules and glomerulus. It is used in combination with the WHITEE Patch for severe joint and spinal disc conditions or patients who has disc and joint condition who are over 50 years old.

Java: Enhances lymphatic circulation for effective metabolic toxin and waste disposal and resolves autoimmune conditions. It is used in combination with LC Balancer and WHITEE Patch to reverse Rheumatoid Arthritis and Ankylosing Spondylitis conditions.

Spring Capsule: improves blood flow to the stomach; improves stomach contractions.

SJ: repairs structural damage and degeneration to the lining of stomach and esophagus.

Formula B: regulates contractions of stomach muscles; opens pyloric sphincter.

Spring Capsule, SJ and Formula B are used in combination with WHITEE Patch and LC Balancer to reverse Piriformis Syndrome and heal hip pain, hip osteoarthritis and avascular necrosis.

4. Treatment Recommendations

4.1 Ligament and Muscle Tear, Sprain and Strain

Ligaments are the connective tissues that holds the bones together at the joint. Common ligament injuries include ankle sprains, Anterior Cruciate Ligament (ACL) or Medial Collateral Ligament (MCL), spine Anterior Longitudinal Ligament sprain or tear, AC joint separations. Common muscle injuries include strain or tear of the muscles of the legs and back, hamstring and bicep muscle strain or tear. Treatment requires FASTT Patch.

- 1) Acute first-degree ligament sprain or muscle strain indicates a stretching or minor tear of ligaments or muscle fibers with pain and swelling. Range of motion is usually not affected to any important degree. The injury can be healed in less than 2 days or even overnight with the use of a single FASTT Patch applied to the injured area.
- 2) Acute second-degree ligament sprain or muscle strain involve a severe tearing and partial rupture. There is severe pain, edema, joint instability and bruising; range of motion is also reduced significantly. With the use of 2 FASTT Patches, the injury can be healed in 5 days.

4.2 Tendon Injury, Tendonitis and Tendinosis

Tendons, which attach muscles to bones, do not receive the same amount of oxygen and blood that muscles do; therefore, tendon injury heal slower than other types of tissues and usually develops into chronic conditions. Tendonitis is a condition of tendon inflammation resulting from acute injury or overuse. If the tendonitis is over 6 months old, tendons may start to degenerate to tendinosis characterized by scar tissue and/or calcification formations. Symptoms include pain and inflammation. Common tendon injury or tendonitis include rotator cuff tear or tendonitis, tennis elbow, golf elbow, Carpal Tunnel Syndrome, Achilles tendonitis, patellar tendonitis, plantar fasciitis, groin pull, or hip tendonitis. Treatment requires FASTT Patch.

- 1) Acute First degree tendon strains can be healed in 8 days with 3 FASTT patch treatments. Second degree acute tendon strain with tears can be healed in 17 days with 6 FASTT Patch treatments. Chronic tendon strains can be healed in 8-17 days with 3-6 FASTT Patch treatments.
- 2) Tendonitis that is within 3 months old can be healed with 3 FASTT Patch treatments. If it is over 3 months or if the patient is older than 50, or caused by overuse, treatment with 6 FASTT Patches is required. Patients may not notice immediate pain reduction or the pain is even worsening after using 1-2 patches; 3 FASTT Patches are required to reach pain reduction. LC Balancer may also be required for severe cases.
- 3) Tendinosis or tendonitis that is over 6 months old with the presence of scar tissue and/or calcification may get minimal improvement after using 3 FASTT Patches. Rotating 6 FASTT and 6

WHITEE Patches treatments in combination with the LC Balancer is recommended to dissolve scar and calcification and heal the injury.

4.3 Bone Fracture

Bone fractures occur when a bone cannot withstand a high force or stress. Fracture can occur at any bone including ribs, collar bone, femur bone, hip, wrist, and finger or toe. Fracture of ribs or collar bone can be extremely painful. Hip fracture can be life threatening for the elderly. A stress fracture occurs when muscles become fatigued and are unable to absorb added shock. It is an incomplete fracture formed as a crack typically in weight-bearing bones, such as the tibia (bone of the lower leg) and metatarsals (bones of the foot). Healing will be delayed or prevented by continuing to put weight on that weight-bearing bone. When the fracture does not heal properly after a 1 to 3 months period, it can become a non-union fracture. Treatment requires FASTT Patch.

A typical fracture can be healed in 8 to 17 days with the use of 3-6 FASTT Patches. If a FASTT Patch is applied promptly, the quick healing will eliminate the rehabilitation need after the fracture is healed. The patient will not experience pain or stiffness when the weather is damp, cold or stormy.

1) Stress fracture can be healed completely in 7 to 18 days, with the treatment of 3 to 6 FASTT Patches, even though the athlete is continuing daily activity.

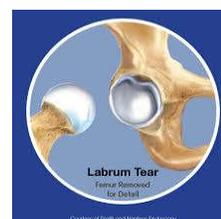
2) Non-union fractures can be healed with the use of 6 or more FASTT Patches. If there is a gap between the bone ends, additional treatment may be required to bring the two broken ends into close contact so as to allow the bone to grow together properly.

3) For old fractures, if there is a lump formed and patients still experience pain at the fractured area, especially when the weather is damp, cold or stormy, it may be due to incomplete transformation from the callus to bone tissue. Use of 6 WHITEE Patches can help accomplish the transformation process to dissolve scar tissue and reduce the lump.

If the bone is completely broken, a cast or other fixture following an orthopedic adjustment will be required to allow the bone to grow in the proper position.

4.4 Cartilage Injury

Cartilage is the tough, flexible tissue found at the end of bones in a joint, the intervertebral discs, the rib cage, the ears and the nose. Cartilage has no nerve endings and no blood supply. A cartilage injury or damage can take a very long time to heal or may not be able to heal at all. Symptoms include pain and inflammations. Common cartilage injury include torn meniscus, torn labrum, patellofemoral pain syndrome (Chondromalacia Patellar



Syndrome), rib cage cartilage injury, Costochondritis or Tietze syndrome. Treatment requires the WHITEE Patch. LC Balancer is also required for severe cases or the elderly.

1) Cartilage injury in mild or moderate condition can be healed in 17 days with the use of 6 WHITEE Patch.

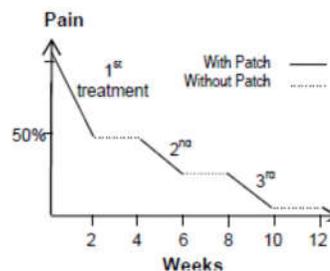
2) Severe cartilage injuries such as torn meniscus or cartilage injury in elderly patients require 1-3 months of WHITEE Patch and LC Balancer treatment. Reduced pain and swelling can be noticed in 2 weeks. To heal a weight bearing joint, joint immobilization is required. Chondromalacia patella condition usually involves muscle and tendon injuries and the FASTT Patch treatment is also required.

4.5 Osteoarthritis

Osteoarthritis is due to joint structure degeneration including the cartilage and subchondral bone next to it. Symptoms include joint pain, tenderness, stiffness, inflammation, creaking of joints and reduced range of motion. Causes of the condition include trauma or age related wear and tear. Typical treatment focused on pain reduction using NSAIDs, local injections of glucocorticoid or hyaluronan, and joint replacement surgery in severe or bone-on-bone conditions. Osteoarthritis can occur at any joints including knee, hip, shoulder, finger, facet or sacroiliac joints. Treatment requires the WHITEE Patch to restore damaged joint cartilage structure in combination with LC Balancer to enhance systemic microcirculations.

1) Mild and moderate osteoarthritis or early stage osteoarthritis without physical deformation and swelling requires 6 WHITEE Patches. 2-4 weeks LC Balancer is required for patients over 50. Improvement in pain, swelling, stiffness or joint cracking can be noticed in 8 days.

2) It requires a 3 month treatment with the WHITEE Patch and LC Balancer for severe osteoarthritis, osteoarthritis in multiple joints, over extremities such as finger or toes, or at the knee/hip joints where transdermal access is limited. The 3 month treatment includes 3 sessions with each session for 1 month which requires 6 WHITEE Patches (17 days followed by 14 days off) and 4 LC Balancers. Improvement can be noticed in 17 days. Patients should have significant pain reduction (about 50%) after the 1st session; about 75% symptom elimination after the 2nd session and sustained optimal results after the 3rd session.



3) Bone-on-Bone conditions or elderly patients with osteoporosis and if surgery has been recommended, requires 1 month (session) to experience improvement (20-30% pain reduction). More than 3 months of treatment is required.

Patients may feel the pain worsening during the first 8 days as healing begins. If the condition is related to aging, symptoms may return and further treatment may be required. If there is no significant improvement in 1 month, additional treatment is required.

Posture or activity related pain or overweight patient: When the pain is not constantly present, the body's healing system is not active. Patients should resume postures, or perform specific active motions to bring out the pain as frequently as possible during the treatment to trigger the healing process. Overweight patients are prone to develop knee osteoarthritis which may not be fully resolved with the WHITEE Patch and LC Balancer due to high levels of knee joint wear and tear. Wei Lab's weight management formulas is recommended.

Joint Swelling/Tenderness: Poor liver function can cause high cholesterol, psoriasis, joint swelling, tenderness or Psoriatic Arthritis. Patients who have these symptoms or conditions require Brown to improve liver function if their joint pain does not respond to the WHITEE Patch and LC Balancer.

On Several Pain Killers or Anti-inflammatories: Prolonged use of pain killers can cause further liver weakness. Patients with liver deficiency will tolerate pain poorly and may not notice desired treatment improvement. These patients may require Brown to improve liver function in order for them to experience improvement with the WHITEE Patch and LC Balancer.

Running Pain from Joint to Joint: Joint or muscle pain that is jumping may be caused by autoimmune inflammation. Java is required.

Poor Kidney Function: If the patient also has gout or poor kidney function, Xcel is required.

4.6 Piriformis Syndrome, Hip Osteoarthritis, Avascular Necrosis

Symptoms of Piriformis Syndrome include hip muscle pain, coldness, tightness, tingling and numbness in the buttocks. The resulting reduced blood supply to the hip joint can hip joint cartilage degeneration, hip osteoarthritis and femur neck bone death leading to osteonecrosis, or avascular necrosis. Avascular necrosis may have no symptom in early stage. As it progresses, it can be painful when pressure is put on the hip joint. Then patients may have constant pain. When the bone and surrounding joint collapse, the pain can be severe and surgery may be recommended. Patients may have used pain killer for a prolonged time to avoid surgery. Treatment requires the GI solution including Spring Capsule, SJ and Formula B, LC Balancer and WHITEE Patches. Brown is also required if patients have used pain killer for long time.

1) **Piriformis Syndrome:** the GI solution including Spring Capsule, SJ and Formula B is required to relax the stomach and Piriformis muscle contraction and improve blood flow to the stomach and hip area. Improvement of hip coldness and tightness can be noticed in 1 week. 3-4 weeks of treatment can help resolve the condition.

2) **Mild and Moderate Hip Pain:** Early stage hip joint cartilage degeneration requires 3-4 weeks of the GI treatment as well as 1-3 month of WHITEE Patches and LC Balancers to repair cartilage damage

3) **Severe Hip Pain or Avascular Necrosis:** Severe hip pain facing surgery due to osteonecrosis or avascular necrosis requires the GI solution, LC Balancer/WHITEE Patch and Brown to improve liver function. Hip pain may worsen initially due to enhanced blood flow and recovery of nerve sensations. More than 3 months of treatment is required. Large size Patch is recommended.

4.7 Back Pain, Bulging/Herniated Disc and Degenerative Disc Disease (DDD)

Bulging or herniated discs can be caused by injury or age related degeneration. Bulging or herniated discs and DDD can impinge the nerve causing neck pain, back pain, lower back and sciatic pain that radiates along the sciatic nerve which branches from your lower back through your hips and down each leg. Treatment requires WHITEE Patch to repair disc damage and LC Balancer to improve systematic microcirculation.

1) **Bulging Disc:** Mild/moderate conditions require 2 week of treatment (6 WHITEE Patches and 2 LC Balancers) with noticeable pain reduction in 8 days. Severe conditions require 1 - 3 month of treatment with noticeable pain reduction in 17 days. Mechanical adjustments may also be required. If there is no pain reduction in 17 days, a special back pain exercise is recommended to strengthen the back muscles and relieve pressure to the disc.

2) **Disc Herniation:** It requires 3 months (3 sessions) treatment with WHITEE Patch and LC Balancer. Improvement can be noticed in 17 days. Patients should have significant pain reduction (about 50%) after the 1st session; about 75% symptom elimination after the 2nd session and sustained optimal results after the 3rd session. Heavy lifting or rigorous exercise should be avoided during the treatment.

3) **Slipped Disc (Spondylolisthesis):** It occurs when a disc shifts out of position and is displaced forward over the bone beneath it causing injury of the ligaments in addition to the disc. It requires 1-3 months or session treatments. Treatment requires FASTT Patches to heal the ligament injury and WHITEE with LC Balancer to heal the disc injury. The WHITEE Patch should be applied on the spinal disc. The FASTT Patch should be applied on the side of the disc. Mechanical adjustment may also be required.



4) **Muscle Spasm, Pinched Nerve, and DDD:** Disc injuries can induce early onset of DDD with pinched nerves causing symptoms of back muscle spasm. Palpate along the spine closest to the muscle spasm for pain or discomfort to locate the disc, then apply the WHITEE patch. Young

patients (under 40) can achieve complete healing with 6 WHITEE Patches. Patients over 50 require LC Balancer along with WHITEE Patches.

5) Degenerative Disc Disease (DDD): Age related disc degeneration and thinning can cause nerve impingement with symptom of pain or numbness of the affected area. 1-3 months of treatment with WHITEE Patch and LC Balancer is required depending on the severity of the condition.

Patients may feel the pain worsening during the first 8 days as healing begins. When treating disc injuries caused by trauma, the pain intensity may increase severely with other symptoms of dizziness (cervical disc injury), nausea and/or vomiting (thoracic disc injury), skin bruises, or black stool during the initial 8 days due to nerve restoration and clearance of dead tissue or blood. If the condition is related to aging, symptoms may return and further treatment may be required. If there is no significant improvement in 1 month, following customized treatment is required.

Multiple Disc Injuries: If patients did not get expected improvement, large WHITEE Patch with full dose of LC Balancer treatment is recommended.

Posture or activity related pain or overweight patient: When the pain is not constantly present, the body's healing system is not active. Patients should resume postures, or perform specific active motions to bring out the pain as frequently as possible to trigger the healing process. Overweight Patients are prone to develop back pain which may not be fully resolved with WHITEE and LC Balancer due to high level of wear and tear to the spine. Wei Lab's Weight management formulas is recommended.

Bulging disc complicated with slipped disc: If there is no improvement in 2 weeks with WHITEE Patch and LC Balancer, Back Pain Exercise ("The Ultimate Low Back Strengthening and Conditioning System" which is available upon request) is recommended to improve muscle strength in order to hold the disc in the proper position. However, such exercises are not recommended for patients over 60 who have weaker or more brittle bones.

On Several Pain Killers or Anti-inflammatories: Prolonged use of pain killers can damage the liver. A liver deficiency can result in poor pain toleration and patients may not notice desired treatment improvement. Brown is recommended to improve liver function to help patients experience desired improvement with WHITEE Patch and LC Balancer.

Uterine Fibroid: Uterine fibroid can press the nerve root and cause back pain. Patients may have symptoms of heavy and long periods, dark clotting. MayMay is recommended to help resolve uterine fibroid and reduce back pains.

Biomechanical Issues: The success rate is lower and the improvement will not be 100% if there are biomechanical issues such as a metal implant causing wear and tear to the spine. It is important to address the biomechanical issues.

Poor Lubrication: If there isn't any improvement with above customized treatment, the patient may have poor lubrication of the facet joint. ZY Formula is recommended to improve lubrication.

4.8 Bone Spurs and Spinal Stenosis

A bone spur (osteophyte) is an extra abnormal bony growth when the body tries to repair wear and tear damage of the bone. Bone spurs cause pain when it presses or rubs on other bones or soft tissues such as ligaments, tendons, or nerves. Common places for bone spurs include the spine, shoulders, hands, hips, knees, and feet. Spinal stenosis is a condition with abnormal narrowing of the spinal canal due to bony overgrowth of the spine pressing the spinal cord or the nerves travel through it. Spinal stenosis occurs most often in the lumbar and cervical regions.

Lumbar stenosis is more common and where spinal nerve roots in the lower back are compressed, or choked, producing symptoms of sciatica with tingling, weakness or numbness that radiates from the low back and into the buttocks and legs especially with activity. Cervical spinal stenosis can be dangerous spinal cord compression. Symptoms include numbness, weakness or tingling in a leg, foot, arm or hand, neck or shoulder pain. In severe case, it leads to loss of bowel or bladder control, major body weakness or even paralysis in severe cases. Treatment requires WHITEE Patch with LC Balancer to dissolve the abnormal bony growth and scar tissues, and Brown to improve liver function and prevent bony growth reformation. Xcel may be required if patients have kidney deficiency.

Patients usually notice improvement in 1 month with 8 WHITEE Patch (23 days), 4 LC Balancer and Brown. From the 2nd month, each month requires 6 WHITEE Patches and 4 LC Balancer and Brown. At the end of 3rd month, 50% to 100% pain reduction may be achieved. A continued 3 to 6 months' treatment is necessary to become pain free.

As part of the healing process, patients may feel a pain increase to moderate to severe intensity during the treatment due to the mix of healing and increased nerve sensations.

4.9 Rheumatoid Arthritis and Ankylosing Spondylitis

Rheumatoid arthritis is due to an autoimmune disorder in which the body's immune system attacks its own joint synovial membrane causing swelling, pain, stiffness and function loss in the joints, eventually leading to joint destruction. About 75% of RA cases develop joint deformities. Treatment requires Java/LC Balancer to improve lymphatic circulation and reverse autoimmune and WHITEE Patch to repair joint damage.

- 1) Mild and/or moderate RA require 6 weeks of treatment with 6 WHITEE Patches (for 17 day treatment), 6 Java and 6 LC Balancer. Symptom improvement can be noticed in 1 week.
- 2) Severe RA require 3 months of treatment with Java Sauce and LC Balancer. The treatment also requires 3 rounds of WHITEE Patch to help the affected joints. Each round involves 17 days on (6

patches) followed by 14 days off. If the patient has multiple affected joints, it is recommended to apply the WHITEE patch to one or two of the most painful joints. Patients should notice about 50% symptom improvement after 1 month and can achieve 80% to 100% improvement by the end of 3rd month.

3) Patients who have joint deformities, or on prescription drugs for a long time, or did not experience any improvement after 2 weeks, treatment with Brown and LC Balancer is required to improve the liver function.

4) An extended treatment for an additional 3 months at 1/2 of the regular dosage is recommended after all symptom has been cleared and patients' Rheumatoid Arthritis (RA) Factor may return to negative.

If patients also have symptoms of night sweats, sweat easily, cold hands or feet, chills, water retention, feeling of weakness/tiredness, apathy, lethargy, fatigue, hair loss, their kidney function is in very poor condition and the Xcel is recommended to improve the kidney function and enhance treatment results. It is especially important for patients who require liver treatment, since improved liver function will increase the kidney's work load.

Ankylosing Spondylitis is a vertebra and the joint autoimmune disease causing pain, swelling and eventual fusion of the spine. Early symptoms include back pain and stiffness. Over time, the vertebrae fuse together, limiting movement. Treatment requires WHITEE Patch to repair vertebra and joint damage, and Java/LC Balancer and Brown/LC Balancer to resolve autoimmune and improve liver function

WHITEE Patch and LC Balancer with the Brown and Java in rotation every 2 weeks. Patients should notice improvement in 1 month. 3 months of treatment is required.

5. Selected Herbs Employed

Myrrh (Moyao/Myrrh)



Myrrha is traditionally used for moving blood, improving circulation, increasing sweating, and activating the immune system. Research has found that a compound called Terpene found in myrrh species have been shown to relax smooth muscles. Myrrha can be helpful for injuries that are slow to heal due to underlying health conditions or arthritic pain.

Radix Paeoniae Rubra (Chishao/Red Peony Root)



Red Peony Root is traditionally used for excessive bleeding or lack of blood flow and is helpful for conditions such as gout, osteoarthritis, fever, and menstrual cramps. Red Peony Root moves toxins from blood, eliminates blood stasis, prevents blood clotting, and acts as an antioxidant. Radix Paeoniae Rubra has a wide variety of pharmacological actions such as anti-thrombus, anti-coagulation, and anti-atherosclerotic properties. It also helps protect heart and liver.

Twotooth Achyranthes Root (Nuixi/Radix Achranthis Bidentatae)



Twotooth Achyranthes Root is traditionally used for lower back pain and joint pain. Twotooth Achyranthes Root nurtures the liver and kidneys, strengthens tendons and bones, and improves circulation in the lower half of the body. Furthermore, Twotooth Achyranthes Root can help lower cholesterol and is often used as treatment for atherosclerosis.

Radix Angelicae Sinensis (Danggui/Chinese Angelica)



Chinese Angelica is traditionally used to nurture the liver and spleen, enrich the blood, activate blood circulation, regulate menstruation, relieve pain, relax the bowels, and balance energy. It can help patients with anemia, menstrual disorders, constipation, and rheumatoid arthritis. Chinese Angelica is shown to have antioxidant properties. It is also shown to prevent bone loss and potentially has anti-osteoporosis effects.

Resina Ferulae (Awei/Chinese Asfetida)



Resina Ferulae are traditionally used for combating malaria, treating dysentery, counteracting toxins, deodorant, killing parasitic worms, removing stagnation, resolving phlegm, and others. It is traditionally used to regulate Qi, activate the Blood, and remove food stagnancy.

Cortex Periplocae (Xiangjiapi/Chinese Silkvine Root-bark)



Cortex Periplocae is traditionally used to relieve rheumatic conditions and to strengthen tendons and bones. It is effective for Rheumatoid Arthritis with aching and weakness of the loins and knees, cardiac palpitation, shortness of breath and lower extremity edema. Recent research shows that cortex periplocae can also inhibit the growth of leukemia, prostate and

lung cancer cells. One of cardenolides isolated from cortex periplocae contributes to this activity.

Radix Dipsaci (Xuduan/Himalayan Teasel Root)



Radix Dipsaci is traditionally used to replenish the liver and kidney, to strengthen tendons and bones, to heal bone fractures, and to arrest excessive uterine bleeding. It's used for aching and weakness of the loins and knees; rheumatic arthralgia, abnormal uterine bleeding or excessive menstrual flow, uterine bleeding during pregnancy. *Radix Dipsaci* has also been used as an anti-osteoporotic drug. Research showed that consumption of crude extract of Radix Dipsaci facilitates increase in bone density and bone volume/tissue volume ratio.

Radix Aconiti Kusnezoffii Preparata (Zhicaowu/Prepraed Kusnezoff Monkshood Root)



Radix Aconiti Kusnezoffii Preparata is traditionally used to relieve rheumatic conditions, warm the channels and alleviate pain. It is used in the treatment for Rheumatic and rheumatoid arthralgia, precordial and abdominal pain with cold sensation, abdominal colic caused by cold, etc. Research shows that Radix Aconiti Kusnezoffii Preparata also has antitumor activities. It also has remarkable activities in stimulating and restore immune function.

Rhizoma Seu Radix Notopterygii (Qianghuo/Incised Notopterygium Rhizome or Root)



Radix Notopterygii has been used in traditional Chinese medicine for treating colds, inflammatory diseases like rheumatoid arthritis, and used as an analgesic for rheumatoid arthritis, back and shoulder pain, etc, because of its anti-inflammatory activity. Radix Notopterygii is found to be a potential anti-cancer agent, research has found that certain extracts of Radix Notopterygii exhibited strong cytotoxicity against human pancreatic cancer cells.

Lignum Sappan (Sumu/Sappan Wood)



Lignum Sappan was traditionally used to promote blood circulation and remove blood stasis, and to cause subsidence of swelling and relieve pain. Lignum Sappan has anti-inflammatory activities. Multiple compounds extracted from Lignum Sappan, through multiple mechanisms, contribute to its anti-inflammatory effect.

Fructus Chaenomelis (Mugua/Common Flowering Quince Fruit)



Fructus Chaenomelis is traditionally used to lessen contracture, regulate stomach function and dispel damp. It is often used for patients with arthritis with ankyloses, aching and heaviness sensation of the loins and knees, systemma due to vomiting and diarrhea; edema and weakness of the legs.

6. Herbal Formula Ingredients

FASTT Patch: Myrrh, Chinese Asafetida, Common Flowering Quince Fruit, Chinese Silkvine Root-bark, Cassia Bark, Twotooth Achranthes Root, Chinese Angelica, Himalayan Teasel Root, Prepared Kusnezoff Monkshood Root, Doubleteeth Pubescent Angelica Root, Red Peony Root, Lesser Galangal Rhizome, Incised Notopterygium Rhizome or Root, Sappan Wood, Pine Nodular Branch

WHITEE Patch: Myrrh, Chinese Asafetida, Common Flowering Quince Fruit, Chinese Silkvine Root-bark, Cassia Bark, Twotooth Achranthes Root, Chinese Angelica, Himalayan Teasel Root, Prepared Kusnezoff Monkshood Root, Doubleteeth Pubescent Angelica Root, Red Peony Root, Lesser Galangal Rhizome, Incised Notopterygium Rhizome or Root, Sappan Wood, Pine Nodular Branch, Pearl, Nacre, Sea-ear Shell, Oyster Shell, Clam Shell

LC Balancer: American Ginseng, Penta Tea, Reishi

Brown: Hawthorn Fruit, Barbary Wolfberry Fruit, Oriental Waterplantain Rhizome, Solomonseal Rhizome, Cassia Seed

Java: Immature Orange Fruit, Red Peony Root, Tangerine Peel, Lotus Leaf

Spring Capsule: Tangshen, Largehead Atractylodes Rhizome, Dried Ginger, Licorice Root, Vitamin B2, Vitamin B6

SJ: Rehmannia Root, Dwarf Lilyturf Tuber

Formula B: Largehead Atractylodes Rhizome, Dried Tangerine Peel, Indian Bread, Pinellia Tuber, Nutgrass Galingale Rhizoma, Villous Amomum Fruit, Costusroot, Immature Orange Fruit, Round Cardamon Fruit, Official Magnolia Bark, Pogostemon Cablin Benth, Licorice Root, Dried Ginger, Chinese Date

The herbal ingredients we incorporate in our formulas are sourced from FDA approved domestic vendors and all of our formulas are manufactured in a cGMP facility located in Santa Clara, California in compliance with FDA regulation. After over ten years of intense application of herbal treatments, we have not encountered any interactions with our patients' pharmaceutical medications.

7. Selected Case Studies

Healing a 2nd Degree Ankle Sprain in 4 Days

James Guetzkow, MD FP, Los Gatos, California, February 2004

A vigorous, healthy, young triathlon athlete, who was running as per his usual custom on December 12, 2001, suffered a lateral inversion sprain of the right lateral ankle. He was seen at the ambulatory care center of Kaiser Hospital on Kiely Blvd, Santa Clara, the following day, where an x-ray was taken and a 2nd degree sprain documented. The x-rays were negative for fracture. He was given a walking boot brace and told to wear it for six weeks.

He was seen in my office on December 17, as he had learned of the FASTT Patch, and hoped this would help an early cure. On examination of the right lateral ankle it was ecchymotic and swollen both above and below the right lateral malleolus. The FASTT Patch was applied. The patient was given extra patches to continue patches on alternate days.

He returned to the office on December 21, 2001, and reported that he had been able to resume his exercise and, in fact, earlier today had bicycled for 45 minutes without any pain. He has noticed that the swelling has gone away and the pain has virtually cleared. He is no longer using a boot brace. He reports there is some residual swelling in the supralateral malleolar area; however, this is not where the FASTT patch had been applied. On examination of the area of application there was no longer has any swelling, and there was no laxity of effusion of the ankle joint noticed. There is a slight residual ecchymosis covering most of the lateral foot. The bony prominences were nontender. He is walking without a limp. He states that he has been active throughout the week in his usual way, with his usual work, and has not spent time with the foot elevated. My impression was that this was a severe sprain with soft-tissue injury, partial tear of the lateral collateral ligaments, and a joint effusion. I was extremely impressed by the rapidity of clearing and return of function that occurred in just four days under the FASTT Patch treatment.

Healing a 6 Weeks Old Muscle Strain in 5 Days

Domenico Manconi, PT, Sydney, Australia, March 2004

The patient I was treating had a 1st degree muscle strain in his thigh. I was treating his leg with soft tissue massage and I also had the patient do rehabilitation exercises to strengthen the area but for 6 weeks the thigh was not responding. I decided to use the FASTT Patch on the thigh and continue the exercises in between. With just 2 patches the injury was completely healed in 5 days. I was amazed and he is now continuing playing sports with no pain.

Completely Healing of Tendonitis

Christy L. Constantin, D.C., The Woodlands, Texas, January, 2005

My experience with the FASTT patches has been very positive each time I've used them, either with myself or my patients. My husband and I have been building our own home for the past year, so have been prone to multiple overuse and sprain/strain type injuries. I have used the FASTT Patches primarily as a last resort when I have been unable to resolve the particular injury myself. I have used them for wrist extension tendonitis (3 times!), AC joint sprain and rotator cuff tendonitis, a hamstring strain (refused to resolve after 3 months of treatment). In all cases, resolution was accomplished after the 2nd or 3rd Patch. The injuries were often to the point that I was barely able to function (especially the wrist extension tendonitis and resultant wrist or finger pain) before using the FASTT Patches. The pain was detectably diminished after even just the first Patch. I have also used the herbal Patch successfully on several chronic, non-resolving rotator cuff tendonitis patients, and it has resolved their pain successfully each time.

Successful Treatment of 25 Soccer Players against Acute Tendon Apathy

Marco Cazares, DC, Indio, California

The following study presents a clinical review of 25 patients (soccer players) with lower extremity tendinopathy. Of this sample, 14 patients were seen for acute medial collateral tendonitis. 6 patients came for acute deltoid ligament strains (Great 1 to Great 2). The remaining 5 patients suffered from knee patella tendonitis associated with the Osgood Schlatter syndrome. A review of all patients yielded the following common symptoms:

1. Tenderness
2. Joint effusion and edema
3. Decreased joint motion by at least 40%
4. Pain with active motion and weight bearing

Based on the radiologic findings 95% of the injuries (with the exception of three cases) proved to be normal. Positive cases revealed avulsion fractures with no displacement.

All 25 cases have been submitted to a trial therapy using ice packs and taping orthotic support. Every patient of the sample was prescribed with FASTT patches (6 FASTT patches for a two week period; 2 days on, 1 day off). No other physical therapy was performed.

All 25 patients obtained very good to excellent responses (after the first week of trial). For more than 86% of the patients two patches were sufficient for an almost total resolution of the symptoms). 24% of the sample required 4 patches to obtain the same response. It is noted that the use of FASTT patches for the treatment of acute tendinopathy is a promising treatment protocol for all physicians who encounter this condition. A larger group trial should be performed to study the long-term effects of herbal transversal medicinal patches.

Successful Treatment of Multiple Stress and Complete Fractures (Shoulder Area)

Stephen Lippmann, MS, LAc, Dipl. Ac. Hartsdale, New York

A female patient, 60 years old, came for treatment in 2005. She had tripped on a hole in the sidewalk at night. As a result, she smashed her left shoulder in multiple places and multiple bones. She suffered from severe fractures from stressed to completely broken. Her level of pain was outrageous (10 out of 10). The medical doctor had prescribed painkillers.

She consulted with an orthopedic surgeon. He had expressed concern that the patient may not use her left shoulder ever again. As a consequence, he had immobilized her left arm completely (strapped it down so it cannot move).

Dr. Lippmann prescribed an treatment program composed of FASTT Patch and LC Balancer. Two large FASTT patches were applied at a time (on the back side, anterior and posterior). The orthopedic surgeon had recommended the positioning of the patches. A total of 12 large FASTT patches was used during the first month, 10 large FASTT patches were applied during the second month. The treatment program has always been facilitated with LC Balancer.

After six weeks into the treatment the patient went to see the orthopedic surgeon for a checkup. The surgeon was completely surprised about the results of the healing process so far. He decided to have the left arm unstrapped. Then he placed it in a sling for another six weeks.

After three months of treatment the patient started using some additional FASTT patches for maintenance (to deal with remaining chronic pain issues). Her pain level had been dramatically reduced (now 2-3 out of 10 down from 10). The pain had also changed from permanent to rather sporadic. After some further months the patient had been fully recovered.

Successfully Healing Torn Meniscus: Took away pain and totally improved function

Scott Rothman, DC, Wayne, Pennsylvania, 2004

A male patient, age 46, was diagnosed with a torn meniscus in his left knee in 2004 (tear in cartilage). Various attempts of treatment (ultrasound, electric muscle stimulation, acupuncture, flexibility and strength exercise) had failed to deliver complete relief. Functional improvement amounted to about 50% only after a four-week treatment.

The patient started to use WHITEE patches from Wei Lab. Within minutes of using the first patch the pain level reduced by at least 50%. After two weeks of treatment with WHITEE patches (6 patches, 2 days per patch, one day without patch) the patient had regained 90% functionality (90% of the time the patient is 100% free of pain and 100% functional). A maintenance care has been applied ever since (1 WHITEE patch a month right over the meniscus whenever some irritation is felt). The results have sustained ever since (for 7 years now). It can be expected that the patches helped the body to repair the tear.

Osteoarthritis Successfully Reversed!

Felicia M. Dyess, Jacksonville, Florida, 2011

A 62 year old female patient came to see me in early November 2011 complaining of inflammation and pain in her left hand. The patient had visual arthritic changes (swelling) in the knuckle of both her thumb and forefinger, her hand was stiff and hot to the touch, and the patient was unable to make a fully closed fist. Patient was diagnosed with osteoarthritis. I treated patient with acupuncture for several weeks and recommended additional home therapy with WHITEE patches and LC Balancer to decrease inflammation and improve circulation.

The lady came in for her acupuncture session after 6 days of herbal therapy. The inflammation and swelling was gone and the patient's skin was malleable and her hand was no longer hot to the touch. The patient had used a series of 2 WHITEE patches on both knuckles within the past week and took the LC Balancer (1 teaspoon 3 times a day). Patient was now pain free and able to make a closed fist. She was extremely happy with the quick results and has not felt the need to come in for treatment to date.

Successful Eliminating Pain from Wrist Osteoarthritis and Thumb Tenosynovitis

Khaled Alfaqih, D.C., Walnut Creek, California, December 2003

The problems I am dealing with are direct result of 32 years of working with my hands as a Chiropractor. This has resulted in advanced osteoarthritis of the right wrist and related tenosynovitis of the right thumb both quite painful and threatening to limit my ability to work. I had a total remission of pain in my wrist and a good increase in its range of motion as result of 1 treatment cycle with WHITEE Patches. I will be using these products in my practice as well of course. Please accept my congratulations on the results of what must have been a difficult and concentrated effort to come up with such remarkable products.

Eliminating Knee Pain from Bone-on-Bone Osteoarthritis

Patients from Massachusetts, June 2008

In December of 2006, I had arthoscopic knee surgery which was only mildly successful. Although it cleared up scar tissue, it was, obviously, unable to replace the cartilage which I have almost completely lost in my left knee due to bone-on-bone osteoarthritis condition. 6 months of painful physical therapy brought me no closer to mobility and I was finally referred for a knee replacement. I am only 56 years old and I refused.

At that point, I started using the WHITEE patch and LC Balancer--I did the first 2 months of a 3 month prescription and since then have occasionally done touch up treatments. I whole heartedly believe in this product. I can't say that I am 100%, but I am very active and only mildly uncomfortable compared to what I felt before. Someone at work just randomly handed me a sample patch that she had picked up somewhere and after wearing it for several days I was sold---that quickly!

Successful Eliminating Knee Pain from Bone-on-Bone Osteoarthritis

Kathy Ulrich. DC, Albuquerque, New Mexico, August 2003

One of my elderly patients, a women in her mid 80's, has used the WHITEE Patch for her right knee. Her x-ray examination indicates bone-on-bone condition. Yet in her 2nd month with treatment she is once again capable of using her exercise stationary-bicycle. She is next considering applications to her shoulders and low back. I am encouraging all patients at my chiropractic office to use the WHITEE patches. Thanks again!

Successful Elimination of Severe Hip Pain and Stomach problems

Ronald Mullen, AP, Stuart, Florida 2012

John is a 55 year old very active male. His hobbies are surfing, dancing and he dearly loves the outdoor Florida lifestyle. He came to me complaining of bilateral hip pain, which started about five years previous. He has tried a lot of different therapies without very much success and was very concerned he would have to give up dancing because of restricted mobility and pain. He was very much interested in the prevention of hip replacement in future years.

He also reported having low energy, felt stiff all over and had a history of acid reflux, stomach ulcers and periodic stomach pain. Upon examination it was discovered that he had severe bilateral hip tightness with noticeable limitation of mobility and his hips felt cold to the touch with hardening of the hips and surrounding muscle tissue.

He was given herbal treatments consisting of Wei Lab's GI formulas, WHITEE Patch and LC Balancer. At his follow up consultation two weeks later, he reported an immediate increase in energy upon starting the therapy. The first week into the treatment his hips felt a little more painful, especially at night. By the second week the hip pain had subsided and he felt that he was moving better. He was told to continue his treatment protocol and return two weeks later. At week three his Tango instructor commented on his improved flexibility.

John has continued to improve and at his recent visit reports that the pain in his hips is gone and he can now do a 180 degree contra-body twist in his dance class. He also had much more energy and his digestive symptoms have all been resolved. He sleeps better now than he has for many years.

Hip Replacement Surgery Prevented

Ronald Mullen, AP, Stuart, Florida 2012

Ron is a 57 year old male reports pain starting in the left hip about five years ago. The pain came on gradually with periodic sharp sensations experienced mostly at night while in bed. The pain has gotten worse over the years and is now severe. A scan revealed advanced osteoarthritis of the left hip joint. He is interested in prevention of hip replacement.

Examination revealed stiffness, tightness of the hip joint, and hardening of the surrounding hip muscles. The hip joint also felt colder to the touch than the other hip joint indicating restriction of circulation through the affected tissue.

Herbal treatment using Wei Lab's GI formulas, WHITEE Patch and LC Balancer was started with reported easing of pain within the first week. By the second week there was much improvement in energy and the hip pain felt sharper and more intense. Starting with week three, the hip pain began to resolve and continued to get better each week until the pain was completely gone. There is now much more flexibility in both hip joints and the patient is extremely happy to get rid of the pain and avoid hip replacement surgery in the future.

Conclusion: The patient progressed from severe left hip osteoarthritis, hip pain and hip tightness to full resolution of symptoms. He has also experienced more circulation through both hips thus preventing possible pathology in the other hip and prevention of hip replacement as the arthritis progressed.

Successful Treatment of Upper Back Pain

Karen Willfahrt, ND, RN, BSN, Phoenix, Arizona

55-year old patient was seen with a one day history of severe pain at the level of T4. Patient had been sitting in the back seat of a car for a total of four hours the night before, as well as cold and rain during a football game.

On awakening, patient states she had severe stabbing pain and could barely move. Patient was seen in her home and received an acupuncture treatment and an FASTT patch was applied to the affected area. The pain was improved by 80% almost immediately and was completely gone after the application of two FASTT patches over a 5 day period.

Successful Treatment of Degenerative Disc Disease

Earl Moore, DC, Crestview, FL 32536 United States

Dr. Moore had a female patient in her late 60s with chronic lower back problems due to her degenerative disc disease. Dr. Moore recommended a treatment of WHITEE patches to strengthen and repair the discs and LC Balancer as kidney and microcirculation support. While the patient initially planned on a treatment of 6 patches, the improvement she experienced from just 3 patches was so remarkable that she was able to give the other 3 patches to a family member. She came back into Dr. Moore's office reporting, - I did so good I did not even need the last 3!

Successful Healing of Herniated and Bulging Discs

Patient from Las Vegas, Nevada, February 2008

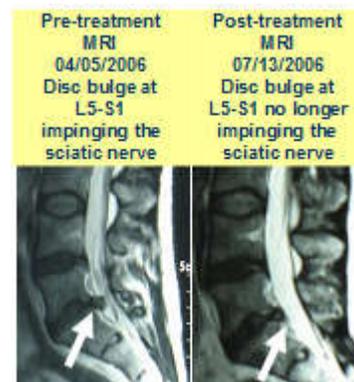
Hello. First, I'd like to congratulate Dr. Wei for coming up with some great products! I can tell you first hand that they work. My 2006 MRI showed a herniated disc and a bulging disc. I used the WHITEE Patch. My 2007 MRI shows no herniated or bulging disc and the doctor stated "remarkably no swelling in the area". One day, I got sick and threw-up and damaged something in my throat. When I'd eat food, I had to wash it down with a drink. Then I went in for neck surgery

and my doctor said he would stretch that part of my throat to make it easier to swallow, but after the surgery I had hard time breathing when lying down. I remembered the WHITEE patch removes swelling so I used it on and off for a week then I could breathe and swallow again which is why I'm a believer in your products.

Successfully Reduces Disc Bulging

Charles Jewett, D.C., Portsmouth, Ohio

52 year old male with 2 central bulging discs at L2-L3 and L5-S1 regions. The patient had severe pain and was unable to stand longer than 1 hour. After using the WHITEE Patch and LC Balancer for 2 weeks, he was able to go to the mall and was able to withstand being upright a lot longer. After 1 month, he felt great improvement in his symptoms and experienced a significant reduction in pain. After 3 months of treatment, the MRI shows that the discs are no longer impinging the nerve.



Successful Eliminating Pain from Disc Herniation in 1 Month

Christy L. Constantin, D.C., The Woodlands, Texas, January 2005

I have used the FASTT Patch and WHITEE Patches primarily as a last resort in my practice. I've used the WHITEE Patches with great success on 2 severely herniated disc patients (due to advance degenerative osteoarthritis). Both of these patients were in extreme pain and not responding well to standard chiropractic treatment. Additionally, they were quite averse to a surgical approach. After 3 WHITEE Patches both were much improved. After an additional 6 patches they were near pain-free and have discontinued their treatment and returned to normal activities! In addition, I've used the WHITEE Patch for knee pain due to osteoarthritis with great success.

Successful Eliminating Low Back and Sciatic Pains

David Fiedler, D.C., Arlington Heights, Illinois, June 2004

I just treated a 16 year old girl who had constant low back and sciatic pain and numbness in the left leg. She had this pain for 3+ years and has had back surgery as well as injections and physical therapy to try and resolve this problem. All attempts to date have met with little success. She was still in constant pain and numbness. With the first WHITEE Patch she said her pain was almost gone. Her mother applied the second patch and she didn't feel a significant reduction in the remaining pain. The third patch, however, resolved the pain completely. I also gave her the LC Balancer. I put her on a total of 6 patches and 1 bottle of LC Balancer. She no longer has any pain and is free of any leg symptoms. She and her family are truly excited and thankful, as am I. Along with the Wei protocol we adjusted her with an activator, did laser therapy on the scar and nerve roots to up-regulate the nerve flow to the weak muscles and used Wobenzym enzyme therapy. She was pain free within a week and a half. Not bad!

Successful Treatment of Severe Chronic Back Pain Due to Stenosis

Robert Smatt, LAC, M. Sc. Homeopathy, San Diego, California

A male patient, 51 years old, suffered from severe and chronic back pain (almost 10 out of 10) for at least 8 years. He had been diagnosed with spinal stenosis (x-rays) and invertible disc protrusion. The patient had been identified as a candidate for surgery but did not consider this an option. Typical treatment options such as acupuncture or spinal decompression had been tried. Nothing turned out to be successful. Given the constant need for pain killers the patient had a strong desire for a better quality of life without drugs.

Dr. Smatt applied a variety of test work (hormone, body chemistry). Based on that he applied a combined treatment program composed of acupuncture (with micro current), nutritional support and herbal solutions (e.g. WHITEE patches) as well as dietary changes. Main goals of the dietary changes were to remove all grains from the diet and have the patient stay on it.

The program consisted of two parts with one session per week. The first one lasted for 2 months, the second one for another couple of months.

The results turned out great. The pain has been completely removed. The patient has much more energy and stayed on the dietary schedule. The good conditions have been sustained ever since.

Successful Treatment of Bone Spurs

Valerie Ozsu, MSN, CNM, NP, Vacaville, California

I had a female patient who had a new water filter installed on her ranch. The calcium/magnesium ration was off (as we discovered in her evaluation) that led up to her developing bone spurs. We worked on diet, and used a PEMF machine. She had great pain hopping off her horse and pain doing daily chores. I recommended her the bone spurs protocol from Wei Laboratories; employing WHITEE Patches and LC Balancer, and she had 50% recovery. She has since changed her water filter and continues to improve. Patient was very satisfied with the results.

Successful Rheumatoid Arthritis Treatment

Ronald Mullen, AP, Stuart, Florida 2012

A 57 year old male presents with stiffness and soreness bilaterally in all joints of the upper and lower extremities. Symptoms are aggravated by walking, especially the ankle joints, which swell severely and produce extreme pain. He reports his condition is getting worse and that he had to leave his employment six months earlier and is now completely disabled. He has been diagnosed with rheumatoid arthritis by his previous MD.

After TCM examination, he was given acupuncture treatment and prescribed herbal supplements. At his next appointment, three days later, he reported that the swelling in his left ankle had disappeared within the first 24 hours, with other symptoms beginning to improve.

Continuing this protocol, after one week, he reported all symptoms had improved approximately 70%. With continued treatment and herbs for three additional weeks, he reports improvement at 80%. He continues to improve at the time of this writing, and is planning to return to work soon. In his own words, he says the treatment has given me my life back.

P.S. Eight months later, the patient did another blood test and found that the Rh factor became negative.

Successful Treatment of Rheumatoid Arthritis

Saltanat Rahimi, LAC/ND/Master Iridology, Thornhill, Ontario Canada

A female patient, age 38, had been diagnosed with rheumatoid arthritis in 2010. She suffered from severe pain in all parts of the body including her hands. Her ESR amounted to 80 and her SHRP to 7 (very high values).

Dr. Rahimi started the patient on a 2 month treatment program. It was composed of Wei Lab's Java, fish oil as well as an anti-inflammatory. In addition, a healthy diet had been introduced.

The treatment reduced the pain by 70-80% within 2 weeks. The Java was applied for a total of 2 months. For preventative reasons the patient still uses fish oil. The patient has kept the diet until now.

The patient had almost no pain at the end of the treatment program (after 2 months). A patient diagnoses after 3 months yielded an ESR of 20 and an SHRP of 3 (substantial reduction as a result of the treatment).