



## PATIENT QUESTIONNAIRE

### Personal Information

Date \_\_\_\_\_  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell phone \_\_\_\_\_ Work phone \_\_\_\_\_  
E-mail address \_\_\_\_\_

### Medical History - you must enter information here.

Current Medical complaint: (List the medical problems for which you use or would like to use Medical Marijuana; include year of onset of symptoms.)

Primary Care Provider: Please give the name and address of your health care provider (includes Chiropractor, Psychologist/Acupuncture, etc.) Please also list the date you were last seen. Would you like us to send them a copy of your evaluation note?

Medications: List all of your medications (include prescriptions and over-the-counter)

ALLERGIES:

Other treatments: Check any other treatments you use for your condition:

\_\_\_\_\_ Surgery \_\_\_\_\_ Physical Therapy \_\_\_\_\_ Chiropractic \_\_\_\_\_ Massage \_\_\_\_\_  
Herbal Therapy \_\_\_\_\_ Counseling \_\_\_\_\_ Exercise \_\_\_\_\_ Other \_\_\_\_\_



Do you have or have you ever had any of the following medical problems?

_____ Asthma/Lung Disease	_____ Cancer
_____ HIV/AIDS	_____ Diabetes
_____ Hepatitis	_____ Epilepsy/Seizures
_____ Stroke	_____ Liver Disease
_____ Kidney Disease	_____ High Blood Pressure
_____ Heart Disease	_____ Sleep Disorders (sleep apnea, insomnia)
_____ Substance Abuse	_____ Intestinal Disorders (IBS, Ulcers)
_____ Multiple Sclerosis	_____ Psychiatric Disorders
_____ (depression, anxiety, etc.)	_____ ADD/ADHD

**Females**

Are you pregnant? \_\_\_\_\_ Are you currently breastfeeding? \_\_\_\_\_

**Surgical History**

Please list the surgeries that you have had:

**Drug and Alcohol History**

Do you currently use: Tobacco \_\_\_\_\_ and number of cigarettes per day \_\_\_\_\_

Alcohol \_\_\_\_\_ number of drinks per week \_\_\_\_\_

Have you ever felt you should cut down on your drinking?

Have people annoyed you by criticizing you about drinking?

Have you ever felt bad or guilty about your drinking?

Have you ever had a drink as an eye-opener first thing in the morning to steady your nerves or help a hangover?

Other Street Drugs \_\_\_\_\_

Are you concerned that you could be an addict \_\_\_\_\_

Would you like help with this?



### Marijuana History

Have you been evaluated by another physician for medical marijuana? \_\_\_\_\_ If so, please list the name of the practice, doctor, and date seen:

Do you use marijuana to reduce or eliminate the use of any medications that have been prescribed for your medical condition? \_\_\_\_\_

If yes, which medication have you reduced or eliminated and why?

How often do you use marijuana?

- every day or almost every day
- about 1-2 times per week
- more than once a month

Circle your preferred method of using marijuana? smoke vaporizer ingested topical

How does marijuana improve the quality of your life?

- very effective
- effective only
- somewhat effective

How does marijuana hurt your quality of life

### Additional Information

Do you have an open court case regarding marijuana? \_\_\_\_\_

Are you currently on probation? \_\_\_\_\_

Please provide any additional information that may be relevant to the physician evaluation:

I understand that the information I have been asked to provide is for the diagnosis and treatment of the medical condition for which I am seeing the physician today, and that if I have not accurately and completely disclosed the requested information, it may adversely impact the physician's ability to diagnose my condition and recommend appropriate treatment. I certify that the information in this questionnaire is accurate and complete.

Patient's Signature \_\_\_\_\_

Date \_\_\_\_\_

Print Name \_\_\_\_\_



### PATIENT ACKNOWLEDGEMENT

*Please initial next to each entry*

I understand that:

**\_\_\_\_\_ It is my responsibility to see the physician to assess the possible continuance of cannabis at least every six months - if not I understand my certification with the State will be terminated. An additional fee will be required to re-establish care with the physician. If ability to pay is the issue a monthly payment plan needs to be established at my 1st. visit.**

\_\_\_\_\_ The attending physician, staff and/or representatives are neither providing, dispensing nor encouraging me to obtain or use medical marijuana.

\_\_\_\_\_ The attending physician, staff and/or representatives will not be providing or discussing information regarding dispensary, co-op, delivery service or any other way to obtain marijuana.

\_\_\_\_\_ The physician, staff and representatives are addressing specific aspects of my medical care and, unless otherwise stated, are in no way establishing themselves as my primary care physician/provider.

\_\_\_\_\_ I acknowledge that I am a resident of The Commonwealth of Massachusetts and have not misrepresented any information herein.

\_\_\_\_\_ I acknowledged that I am not an agent of law enforcement, State or Federal government here for the purpose of investigation or entrapment. (We do offer discounts to law enforcement)

\_\_\_\_\_ I acknowledge that I am not recording any portion of my visit, nor do I possess any recording equipment. **If you are just ask permission to do so.**

\_\_\_\_\_ I acknowledge that it is up to me to become a patient. If I decide not to be a patient I am fully responsible for the cost of the evaluation. There will be no refunds.

### AUTHORIZATION FOR RELEASE OF INFORMATION

*Please initial next to each entry*

\_\_\_\_\_ I hereby authorize you to disclose and verify my records as a patient to a marijuana dispensary for the purpose of obtaining marijuana. I understand that this authorization is valid for the period of time for which the recommendation for marijuana has been issued.

\_\_\_\_\_ I hereby authorize the use and disclosure of my patient records, except for personal identifying information, for use in data analysis of cannabis-treated patients

\_\_\_\_\_ I hereby authorize you to disclose and verify my medical records to law enforcement should I be arrested or detained related to my possession or use of marijuana. I understand that you will only provide verification of my patient status for the purpose of providing proof to justify my possession of marijuana. I understand that this authorization is valid for the period of time for which the recommendation for marijuana has been issued.

Patient Name

(Print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## INFORMED CONSENT

I am being evaluated for a physician's certification that I meet the criteria set forth in Massachusetts State law for medical marijuana. The physician will make this certification based, in part, on the medical information I have provided. I have not misrepresented my medical condition in order to obtain this recommendation and it is my intent to use marijuana only as needed for the treatment of my medical condition, not for recreational or non-medical purposes. I understand that it is **my responsibility** to be informed regarding state and federal laws regarding the possession, use, growing of, sale/purchase and/or distribution of marijuana.

### I have been informed of and understand the following: [please initial each item]

- 1.\_\_\_\_ I must be a Massachusetts resident to obtain an approval of recommendation for the use of cannabis.
- 2.\_\_\_\_ The federal government has classified marijuana as a Schedule I controlled substance. Schedule 1 substances are defined, in part, as having (1) a high potential for abuse; (2) no currently accepted medical use in treatment in the United States; and (3) a lack of accepted safety for use under medical supervision. Federal law prohibits the manufacture, distribution and possession of marijuana even in medically legal states which have modified their state laws to treat marijuana as a medicine.
- 3.\_\_\_\_ Marijuana has not been approved by the Food and Drug Administration for marketing as a drug. Therefore the "manufacture" of marijuana for medical use is not subject to any standards, quality control, or other oversight. Marijuana may contain unknown quantities of active ingredients (i.e., can vary in potency), impurities, contaminants, and substances in addition to Delta 9 THC, which is the primary psychoactive chemical component of marijuana.
- 4.\_\_\_\_ The use of marijuana can affect coordination, motor skills and cognition, i.e., the ability to think, judge and reason. While using marijuana, I should not drive, operate heavy machinery or engage in any activities that require me to be alert and/or respond quickly. I understand that if I drive while under the influence of marijuana, I can be arrested for "driving under the influence".
- 5.\_\_\_\_ Potential side effects from the use of marijuana include, but are not limited to, the following: dizziness, anxiety, confusion, sedation, low blood pressure, impairment of short-term memory, euphoria, difficulty in completing complex tasks, suppression of the body's immune system, inability to concentrate, impaired motor skills, paranoia, psychotic symptoms, general apathy, depression and/or restlessness. Marijuana may exacerbate schizophrenia in persons predisposed to that disorder. In addition, the use of marijuana may cause me to talk or eat in excess, alter my perception of time and space and impair my judgment
- 6.\_\_\_\_ I understand that using marijuana while under the influence of alcohol is not recommended. Additional side effects may become present when using both alcohol and marijuana.
- 7.\_\_\_\_ I agree to contact Delta 9 Medical Consulting if I experience any of the side effects listed above, or if I become depressed or psychotic, have suicidal thoughts, or experience crying spells. I will also contact you if I experience respiratory problems, changes in my normal sleeping patterns, extreme fatigue, increased irritability, or begin to withdraw from my family and/or friends. If I can not reach you I will go to the nearest Emergency Room to seek treatment.



8. \_\_\_\_\_ Smoking marijuana may cause respiratory problems and harm, including bronchitis, emphysema and laryngitis. In the opinion of many researchers, marijuana smoke contains known carcinogens (chemicals that can cause cancer) and smoking marijuana may increase the risk of respiratory diseases and cancers in the lung, mouth and tongue. In addition, marijuana smoke contains harmful chemicals known as tars. If I begin to experience respiratory problems when using marijuana, I will stop using it and report my symptoms to a physician.

9. \_\_\_\_\_ The risks, benefits and drug interactions of marijuana are not fully understood. If I am taking medication or undergoing treatment for any medical condition, I understand that I should consult with my treating physician(s) before using marijuana and that I should not discontinue any medication or treatment previously prescribed unless advised to do so by the treating physician(s).

10. \_\_\_\_\_ Individuals may develop a tolerance to, and/or dependence on, marijuana. I understand that if I require increasingly higher doses to achieve the same benefit or if I think that I may be developing a dependency on marijuana, I should contact Delta 9 Medical Consulting or seek treatment with my primary care MD or addiction medicine specialist.

11. \_\_\_\_\_ Psychological signs of withdrawal can include: Feelings of depression, sadness, irritability, insomnia, restlessness, agitation, loss of appetite, trouble concentrating, sleep disturbances and unusual tiredness.

12. \_\_\_\_\_ Symptoms of marijuana overdose include, but are not limited to, nausea, vomiting, hacking cough, disturbances in heart rhythms, numbness in the hands, feet, arms or legs, anxiety attacks and incapacitation. If I experience these symptoms, I agree to immediately go to the nearest emergency room.

13. \_\_\_\_\_ If you subsequently learn that the information I have furnished is false or misleading, the recommendation for marijuana may no longer be valid and that the Department of Public Health will receive notice of this fraudulent behavior. I agree to promptly meet with you and/or provide additional information in the event of any inaccuracies or misstatements in the information I have provided.

14. \_\_\_\_\_ I have had, or will have, the opportunity to discuss these matters with the physician and to ask questions regarding anything I may not understand or that I believe needed to be clarified. I acknowledge that the physician has not provided a recommended treatment of my condition with medical marijuana. The physician did inform me of the risks, complications of any recommended treatment I choose to undertake under my own judgement (under the laws of the State of MA) after obtaining the certificate. I acknowledge the physician has, informed me of any alternatives to medical marijuana that I may pursue with other members of my health care team.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## “Mass Legal requirement per 105 CMR 725.000: IMPLEMENTATION OF AN ACT FOR THE HUMANITARIAN MEDICAL USE OF MARIJUANA

725.010: Certifying Physician’s Written Certification of a Debilitating Medical Condition for a Qualifying Patient

1. Such program must explain the proper use of marijuana, including side effects, dosage, and contraindications, including with psychotropic drugs, as well as on substance abuse recognition, diagnosis, and treatment related to marijuana.”

Delta 9 Medical Consulting is providing you with this listing of the common concerns from the medical community regarding cannabis to try and meet part of this requirement despite limited to no traditional clinical trials:

**General Remarks:** Deaths due to **cannabis** use are not known. The median lethal dose in rats was 800 to 1,900 mg (depending on strain) oral THC per kilogram body weight. In studies with monkeys no deaths were recorded following the highest applied doses of 9,000 mg/kg oral THC. All possible side effects are dose dependent. Therapy should always start with low doses, slowly increasing, so that the individual dose can be determined and unwanted effects can be avoided.

**Acute side effects:** Known psychic side effects are sedation, euphoria high, dysphoria, fear to die, feeling to loose control, impairment of memory, altered time perception, depression, hallucinations. In case of strong psychic side effects the affected should be brought to a calm place and “talked down” . Cognition and psychomotor performance are attenuated. A discrete reduction of psychomotor performance may be observed up to 24 hours after the administration of THC.

Frequent acute physical side effects are dry mouth, movement disorder, muscle weakness, slurred speech, increase of heart rate, decrease of blood pressure in vertical position, eventually with dizziness. In case of dizziness the affected should lay down. In horizontal position a slightly higher blood pressure may be measured. Rare side effects are nausea and head aches.

All acute side effects are dose dependent and generally disappear within hours or 1-3 days without specific treatment.

**Side effects of long-term therapy:** Development of tolerance is described for a multitude of effects, among them psychic actions, psychomotor impairment, effects on heart and circulation, effects on the hormonal system, intraocular pressure, and anti-emetic effects. Tolerance means, that the effect decrease with time during use of cannabis. Tolerance may appear with repeated doses within weeks with different extent for different effects.

Cannabis possesses a potential for addiction. Dependency may not be a relevant problem within the bounds of therapy of diseases, but withdrawal may be unwanted. Withdrawal have not been described in patients that were long-term treated with THC. But withdrawal has been observed in recreational users. Thereby psychic symptoms (anxiety, restlessness, insomnia) and physical symptoms (salivation, diarrhea) may occur.

The course of a psychosis may be influenced unfavorably. In vulnerable persons the onset of a psychosis may be accelerated or triggered.

Cannabinoids may exert complex effects on male and female sex hormones, their clinical relevance in therapeutic doses being low. Occasionally menstrual cycles without ovulation and impairment of sperm production have been described. In animal studies high doses of THC suppress several aspects of the immune system. In low doses immunosuppressing as well as immunostimulating have been ascertained. Cannabis does not accelerate the progression of HIV/AIDS, however, a chronic administration of THC may be unfavorable in otherwise immunocompromised individuals.

This is a common list used nationwide by Doctor's to educate their Medical Cannabis Patients – Dr. Altvater was unable to find the original author – but he is grateful for their work. Sign that you have read this document you may ask questions during your visit – you should keep this document for reference – however Dr. Altvater will have a copy added to your medical record at the time of your visit.

I have read this entire document and my questions have been answered by Dr. Altvater and his staff regarding the safety and risk associated with cannabis usage.

Patient Signature: \_\_\_\_\_