Post neurotoxin care instructions

1. Do not lie flat for at least 3 hours post procedure
2. Avoid facials, chemical peels or other procedures that manipulate your face for the next 1-2 days
3. Avoid exercise after the procedure and avoid aggressive exercise up to 24 hours after the procedure

It takes about 1-10 days for the results to appear: if after 10 days you note some unevenness please call so we can do a touch up