



Neighborhood Medical Center
5917 Beltline Road
Dallas, TX 75254
Ph. 972-726-6464
Fax 972-726-6444
www.neighborhoodmedicalcenter.com

Canada Immigration Physical FAQs

What are immigration physicals for?

The purpose behind immigration physicals is to ensure that you're mentally and physically fit for residency. During this physical, Dr. McElya evaluates the candidate for the following:

- The possible presence of communicable diseases
- Vaccination history
- The existence or non-existence of mental disorder(s)
- The presences of possible of substance abuse disorders

Any disease that requires you to be quarantined or that poses a public health risk to others would make you inadmissible to Canada.

What vaccines do I need?

Canada requires you to have proof of the following vaccines:

- Diphtheria
- The current year's Influenza
- Hepatitis A & B
- Measles, Mumps and Rubella (MMR)
- Meningococcal
- Pertussis
- Pneumococcal
- Polio
- Rotavirus
- Tetanus
- Varicella

If you're missing any of these vaccinations, Neighborhood Medical Center provides them at an additional cost. You may also visit your local health department.

Is there a physical examination?



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Dr. McElya does a full physical exam as outlined by the Canadian embassy. This exam includes evaluating your:

- Eyes, ears, nose, and throat
- Extremities
- Heart
- Lungs
- Abdomen
- Lymph nodes
- Skin

Dr. McElya also takes X-rays in any patient older than 11 years of age.

Is there blood work?

Yes, your blood will be tested for syphilis, tuberculosis gold, gonorrhea, HIV, RPR, and Serum Creatinine.

Do I need to be fasting for my blood work?

No. Fasting is not required for lab work.

Do I need a passport?

Yes, you must bring a current, non-expired passport.

Is there a cancellation fee?

Yes. If you cancel your appointment within 24 hours of its scheduled time, you will be charged \$50.

Does insurance cover this?

No. Insurance companies do not cover immigration physicals due to non-medical necessity, therefore, it cannot be submitted to your insurance company. For Canada Immigration, the cost of an adult (15 years and up) physical is \$395, plus the cost of vaccines, if needed. The



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cost of an older child (11 - 14 years) physical is \$155, a younger child (5-10 years) physical is \$60 and a newborn (0 years to 4 years) physicals is \$50, plus the cost of vaccines for all, if needed.

How long does an appointment last?

1-2 hours per person.

Can I be on my menstrual cycle during my appointment?

No. If your appointment falls on date you are menstruating, you may either reschedule the appointment or schedule the urinalysis to be completed on a day when you are not menstruating.

Do I need to bring any documents or physician letters indicating any and all prescribed medications or diagnosed medical conditions including, but not limited to pregnancy, diabetes, cancer, thyroid conditions, etc.?

Yes. You need to bring documentation for every medical condition or prescribed medications that you may have. For pregnancy, we need a document from your OB stating that you are pregnant and permission/no permission to receive an X ray (if necessary) and vaccinations (if necessary).

How fast can I get my results?

The typical turn around time is 5 – 10 business days.

When do I need to get the physical done? Does it expire?

The physical must be completed within 2 years of your application, however, due to recent legislation, the physician's signature is only valid for 90 days from the date of your evaluation.

What happens if the signature is expired on my form?



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You may schedule another appointment or walk in, to get the form re-issued and with a new signature. The cost for this is \$50.00.

How early should I arrive?

We suggest that you arrive at least 30 minutes prior to your appointment time in order to complete the immigration packet.

Do I need a translator?

If you are unable to read and write proficiently in English, you are required to bring a translator to your appointment to aid you in completing the immigration packet.