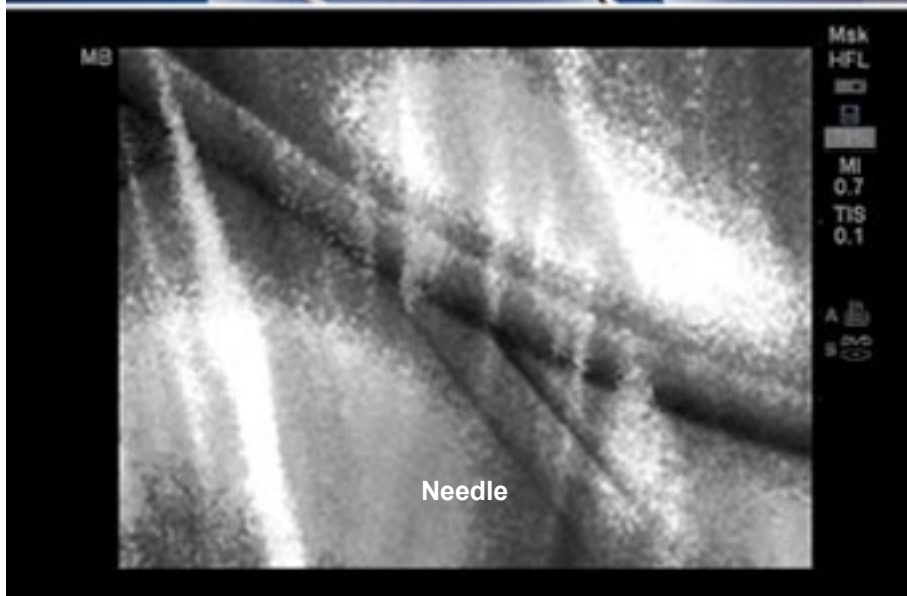
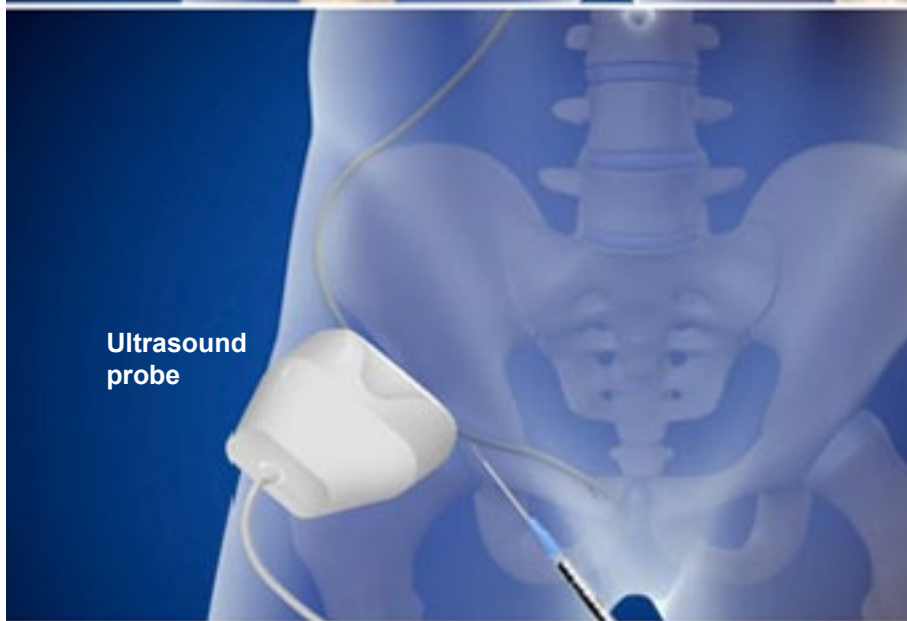
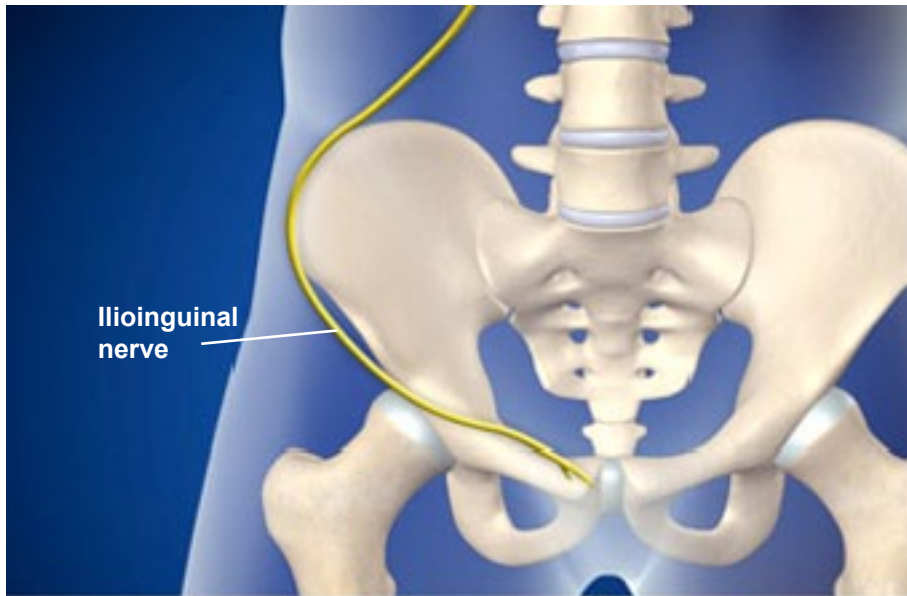


## Ultrasound-Guided Ilioinguinal Nerve Block



### Overview

This non-operative, outpatient procedure is designed to provide relief for patients with hip and lower abdominal pain. The technique allows the physician to inject an inflammation-reducing steroid around the ilioinguinal nerve with maximum accuracy.

### Preparation

The physician swabs the abdomen, injects a numbing medication and positions a hand-held ultrasound probe that will allow the physician to visualize the anatomy of the nerve and surrounding tissue and accurately inject the medication.

### Injecting the Medication

The physician inserts a needle into the abdomen and guides it to the problem area using ultrasound imagery. The medication is then injected.

### End of Procedure

The needle is removed. The local anesthetic and steroid solution will soothe the nerve, reducing inflammation and pain. The injection can be repeated if necessary.

1. . If you are taking any blood thinners, you m continue to take these prior to your procedure. There is NO need to discontinue these medications.
2. Notify staff of any allergies: iodine, anesthetic, seafood, steroids, latex or contrast dye
3. Following your procedure, apply ice for 20 minutes every 1-2 hours
4. If you encounter soreness after your procedure and are able to take NSAIDS (Ibuprofen, Aleve, Meloxicam you may do so. Please follow medication directions on dosage and how often you may take these.

If you have any questions following your procedure or experience any complications please, call our office.