



## Pellevé™ Patient Instructions

### **Pre-Treatment Instructions:**

1. Avoid taking aspirin, naproxen, ibuprofen or other NSAIDs 1 week prior to procedure.
2. Avoid retinol products (Retin-A, adapalene, tazorotene etc.) 1 week prior to procedure.
3. Advise the staff if you have any implanted metal hardware in your body or a defibrillator/pacemaker.

### **Post-Treatment Instructions:**

1. Wash skin with tepid water and gentle cleanser.
2. If skin is slightly pink or red, avoid hot water until subsided.
3. Soothing, non-irritating moisturizers may be used. It is important to reapply moisturizer frequently, especially during the first week after treatment.
4. It is okay to return to normal activity following treatment.
5. Use liberal amounts of sunscreen with both UVA and UVB protection with 30 SPF or greater. This helps prevent further sun damage. This is especially important in the first three weeks after your procedure.

**If you have any questions or concerns that arise, please call us at (719) 228-9488. If it is outside of regular business hours and of an urgent nature, please call our after-hours number (719) 257-3779.**