

Pre-Treatment Instructions:

1. Do not pluck, wax, use a depilatory (i.e. Nair), or undergo electrolysis in the areas you wish to have treated for 6 weeks prior to laser hair removal. *Shaving is the only acceptable form of hair removal prior to being treated with a laser.*
2. Do not tan the areas to be treated for 4 weeks prior to treatment
3. Avoid using self-tanning products for 2 weeks prior to treatment
4. Advise us if you have a history of herpes simplex virus (HSV) in the treatment area.
5. Please shave the area to be treated the night before your appointment. If you only have a few hairs in the treatment area, it is okay not to shave.

Post-Treatment Instructions:

What to expect:

- You may have some redness and swelling in the area that may feel similar to a sunburn. This should resolve within several hours to several days after treatment.

1. Gently clean the area twice daily
2. Avoid irritants (i.e. glycolic acid, retinoids etc.) for seven days after treatment
3. Apply sunscreen liberally for 6 weeks over the treated area. A broad-spectrum sunscreen of **30 SPF** or higher should be used and reapplied frequently.

If you have any questions or concerns that arise, please call us at (719) 228-9488. If it is outside of regular business hours and of an urgent nature, please call our after-hours number (719) 257-3779.