

# Sympathetic Nervous System

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Chiropractic is based on the scientific fact that your body is a self-regulating, self-healing organism. These important functions are controlled by the brain, spinal cord, and all the nerves of the body. The skull protects the delicate tissues of the brain. The moving bones of the spine protect the vulnerable communication pathways of the spinal cord and nerve roots. If the nervous system is impaired, it can cause malfunction of the tissues and organs throughout the body. Doctors call this the Vertebral Subluxation Complex.

Chiropractors work by restoring your own inborn ability to be healthy. When under proper control of your nervous system, all the cells, tissues, and organs of your body are designed to resist disease and ill health. The chiropractic approach to better health is to locate and help remove interferences to your natural state of being healthy. A common interference to the nervous system is the 24 moving bones of the spinal column. A loss of normal motion or position of these bones can irritate or impair the function of the nervous system. With improved spinal function there is often improved nervous function. A Doctor of Chiropractic can help remove interferences that may be impairing normal health. Since the primary focus of your care is improved nervous system function, chiropractic can have a positive effect on many health conditions not normally thought of as "back" problems.

