

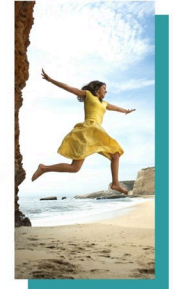
JUNE 2020

SUNDAY	MONDAY	THUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 Post Op Class / 9:00am	6
7	8	9	10	11 Support 2.0 / Zoom 6:30pm	12 Post Op Class / 9:00am	13
14	15	16	17 General Support Group / Zoom 11:00am	18	19 Post Op Class / 9:00am	20
21	22	23	24	25 General Support Group / Zoom 6:30pm	26 Post Op Class / 9:00am	27
28	29	30				
		More at Dr. Billy's...				
		<p style="text-align: center;">Need a workout to do from home? Check out Shred & Shed on Instagram. Daily at home workouts posted!</p>				

June 2020

**Spring
Into
Summer**

Get a healthy
start to
summer



Helmut T. Billy, M.D.
Terry Simpson, M.D.

Ventura Advanced Surgical Associates

3200 Telegraph Rd.
Ventura, CA

PHONE: 805.676.9100

www.drillybariatrics.com