

# Heart and Vascular Care

Bhupinder Singh MD, PA  
1600 Coft Road  
Suite 207  
Plano, TX 75075

## Patient Information

Name: \_\_\_\_\_  
(Last) (First) (MI)

DOB \_\_\_\_\_ SS# \_\_\_\_\_ Address: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell#: \_\_\_\_\_ Work#: \_\_\_\_\_

Marital Status: S M D W ; Ethnicity: White African American Asian Latino Race: \_\_\_\_\_

Language: \_\_\_\_\_ Email: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

### Emergency Contact:

Name: \_\_\_\_\_ Phone#: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

### Insurance Information:

	Insurance Name	Members ID	Group #:
Primary:	_____	_____	_____
Secondary:	_____	_____	_____
Third:	_____	_____	_____

**\*PLEASE GIVE INSURANCE CARD(S) AND PHOTO ID TO FRONT DESK\***

I hereby assign my insurance benefits to be paid directly to my physician. I agree to be financially responsible for all rendered services on my behalf or on behalf of my dependents. I also authorize the physicians to release any information acquired in my examination on my dependents to third party payers or other health practitioners involved in my care.

\*I also understand that payments are expected at the time of visit unless otherwise arranged.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Heart and Vascular Care  
Ghupinder Singh MD PA  
1600 Colt Road  
Suite 207  
Plano, TX 75075  
Phone: 972-612-0388/Fax: 972-612-0389

## Financial Policy and Patient Responsibility

- Health Insurance is a contract between the patient and their Health Insurance Company or employer. Patients are ultimately responsible for understanding the details of their medical insurance coverage including but not limited to:
  - **Knowing if we are In-Network with your insurance carrier and your particular plan. If we are Out-of-Network with your plan, you will be responsible for any uncovered expenses.**
  - **Pre-Authorization and Pre-Certification requirements for testing. As a courtesy to our patients, we try to obtain pre-authorization and pre-certification. However, it is ultimately the patient's responsibility to know their authorization requirements.**
  - **Knowing if a referral is needed by your Primary Care Physician (PCP). Most HMO plans require a referral letter from the member's PCP to a specialist before the specialist services are covered.**
- **To know and understand the following patient financial responsibilities for their plan:**
  - **Deductible -- the amount for which a patient is obligated to pay out of pocket before certain services are paid by their plan. Many plans will not pay for testing until after the deductible is met. This means the patient may have 100% financial responsibility for testing until after the deductible is met. Many plans have an individual and a family deductible.**
  - **Co-Pay -- the out of pocket patient responsibility of a patient for an office visit.**
  - **Co-Insurance -- a percentage or dollar amount for which a patient is responsible.**
  - **Premium -- a monthly, quarterly or annually payment made to your insurance carrier to maintain active coverage status. Premiums are in addition to deductibles, co-pays and co-insurance.**
  - **Maximum Out of Pocket - The maximum financial responsibility of the patient for the plan year. Deductibles, Co-Insurance and Co-Pays are all applied to the out-of-pocket maximum. Once the out-of-pocket maximum is met for the plan year, the insurance carrier is responsible for 100% of the remaining medical expenses as long as they are provided by in-network providers.**
- **To be aware of your Explanation of Benefits (EOB's) and to facilitate in claims payments when their insurance carrier denies all or part of a claim.**
- **To inform our office immediately of any insurance coverage changes. Failure to do this may result in not being able to see patients at their scheduled time.**

Please contact your insurance carrier if you have any questions about your coverage and your financial obligations based on your plan. The number for member services is usually on your insurance identification card.

**Financial Policy Acknowledgement: I have read and understood the above financial policy; I understand that, regardless of my insurance claim status or absence of insurance coverage, I am ultimately responsible for the balance on my account for any services rendered.**

\_\_\_\_\_  
Patient Name (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Heart and Vascular Care**  
**Bhupinder Singh, MD**

**Authorization for Disclosure of Health Information:**

I AUTHORIZE THE FOLLOWING TO DISCLOSE THE INDIVIDUAL'S PROTECTED HEALTH INFORMATION:

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

I request that my protected health information (PHI) from {healthcare facility name} be disclosed to:

Recipient Name: Dr. Bhupinder Singh, MD

Address: 1600 Colt Road, Suite 207 City: Plano State: Texas Zip: 75075

Phone: (972)612-0388 Fax: (972)-612-0389

REASON FOR DISCLOSURE (Choose only one option below)

- Treatment/Continuing Medical Care  
 Personal Use  Billing or Claims  
 Insurance Legal Purposes  Disability Determination  School  
 Employment  Other \_\_\_\_\_

**INFORMATION THAT CAN BE DISCLOSED:**

Complete the following by indicating those items that you want disclosed. The signature of a minor patient is required for the release of some of these items. If all health information is to be released, then check only the first box.

- All health information  History/Physical Exam  Past/Present Medications  Lab Results  
 Physician's Orders  Patient Allergies  Operation Reports  Consultation Reports  
 Progress Notes  Discharge Summary  Diagnostic Test Reports  EKG/Cardiology Reports  
 Pathology Reports  Billing Information  Radiology Reports & Images  Other \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**CANCELLATION AND NO SHOW POLICY**

Office appointments which are cancelled with less than 24 hours notification may be subject to a \$25.00 cancellation fee. Procedure cancellations require 5-7 business day advance notice, without notification they may be subject to a \$50 cancellation fee.

Patients who do not show up for their appointment without a call to cancel an office appointment or procedure appointment will be considered as NO SHOW. Patients who No-Show two (2) or more times in a 12 month period, may be dismissed from the practice thus they will be denied any future appointments. Patients may also be subject to a \$25.00 fee for office appointment No Show and \$50 procedure No Show fee.

The Cancellation and No Show fees are the sole responsibility of the patient and must be paid in full before the patient's next appointment.

We understand that special unavoidable circumstances may cause you to cancel within 24 hours. Fees in this instance may be waived but only with management approval.

Our practice firmly believes that good physician/patient relationship is based upon understanding and good communication. Questions about cancellation and no show fees should be directed to the Billing Department (972-612-0388).

Please sign that you have read, understand and agree to this cancellation and no show policy.

\_\_\_\_\_ Date of birth \_\_\_\_\_

Patient Name (Please Print)

\_\_\_\_\_

Signature of Patient or Patient Representative Date

By signing this authorization form, I understand that:

I understand that this health information may include sensitive information. By signing this form I am specifically authorize the release of information relating to:

- Substance Abuse Treatment information
- HIV related information, including AIDS related testing
- Mental Health Information

Signature \_\_\_\_\_

Date: \_\_\_\_\_

**CONFIDENTIALITY OF ALCOHOL AND DRUG ABUSE PATIENT RECORDS.** This information has been disclosed to you from records protected by Federal Confidentiality Rules (42 C.F.R. Part 2). The Federal Rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person whom it pertains or as otherwise permitted by 42 C.F.R.

- Requests for copies of medical records are subject to reproduction fees in accordance with federal/state regulations.
- I have the right to revoke this authorization at any time. Revocation must be made in writing and presented or mailed to the Health Information Management Department at the following address: (ADDRESS). Revocation will not apply to information that has already been disclosed in response to this authorization. • Unless otherwise revoked, this authorization will expire on the following date/event/condition: \_\_\_\_\_.

If I fail to specify an expiration date/event/condition, this authorization will expire (insert time frame) from the date signed.

- Treatment, payment, enrollment or eligibility for benefits may not be conditioned on whether I sign this authorization

\_\_\_\_\_ Patient or Authorized Representative

Signature Date \_\_\_\_\_

\_\_\_\_\_

Print Name /Relationship to Patient (if applicable)

# New Patient Health Questionnaire

Date: \_\_\_/\_\_\_/\_\_\_

Patient: \_\_\_\_\_

Gender:  M  F

Date of birth: \_\_\_/\_\_\_/\_\_\_; Age: \_\_\_\_\_;

Referring Doctor: \_\_\_\_\_

Please INDICATE all the reasons for your visit.

1.  Chest pain  at rest  with exertion
2.  Shortness of Breath  at rest  with exertion
3.  Palpitations / irregular heart rate
4.  Racing heart
5.  Swelling legs
6.  Dizziness / Fainting
7.  Hypertension
8.  Heart failure
9.  Pre surgical evaluation
10.  Establish new cardiologist

## H1. PRIOR HEART DISEASE AND TESTING? YES: NO (Next Section)

- Heart murmur / valve prolapse \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Rheumatic / Scarlet fever \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Angina / Chest pain \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Heart attack \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Heart Cath / Angioplasty / Stent \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Bypass surgery \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Pacemaker \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Defibrillator \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Heart failure \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Stress test (treadmill) \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Echo / Ultrasound \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Calcium Scoring \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Nuclear Thallium PET Scan \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Carotid ultrasound \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- CT Angiogram \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_
- Holter (24 hr monitor) \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Location: \_\_\_\_\_

## H2. RISK FACTORS FOR HEART DISEASE:

- High cholesterol \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ TC \_\_\_ LDL \_\_\_ HDL \_\_\_ TG \_\_\_
- High blood pressure \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Diabetes \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Hormones  Y /  N
- Current Smoker \_\_\_\_\_  NO  YES
- Previous Smoker \_\_\_\_\_  NO  YES QUIT YEAR; \_\_\_\_\_
- Phen / Fen weight loss medicine \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_

## H3. BLOOD VESSEL DISEASES

- Carotid disease or endarterectomy \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Stroke or TIA (ministroke) \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Aortic aneurysm \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_ Surgical Repair YEAR; \_\_\_\_\_
- Numbness or tingling of legs \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Leg cramps while walking \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Venous thrombosis (leg clots) \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_
- Pulmonary embolism (lung clots) \_\_\_\_\_  NO  YES: YEAR; \_\_\_\_\_

**MEDICATIONS:**

*Please list all prescription and non-prescription medicines including vitamins and aspirin.*

	NAME	DOSE/STRENGTH	FREQUENCY
Example	Lasix	40 mg.	2 in am / 1 in pm
1.	_____	_____	_____ / _____
2.	_____	_____	_____ / _____
3.	_____	_____	_____ / _____
4.	_____	_____	_____ / _____
5.	_____	_____	_____ / _____
6.	_____	_____	_____ / _____
7.	_____	_____	_____ / _____
8.	_____	_____	_____ / _____
9.	_____	_____	_____ / _____
10.	_____	_____	_____ / _____
11.	_____	_____	_____ / _____
12.	_____	_____	_____ / _____

**H4. DO YOU HAVE ANY ALLERGIES TO MEDICINES?  NO ( next section )  YES**

Please list all medications to which you have an allergy or adverse response and list the reaction (e.g. penicillin-arm rash)

Medication	Reaction
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Are you allergic to iodine, shrimp or shellfish?  NO  YES  
 Have you received X-ray contrast (myelogram, IVP, CT Scan)?  NO  YES  
 If Yes, did you have any reaction to the contrast?  NO  YES

**H5. PAST SURGICAL HISTORY (OPERATIONS)  NO  YES**

*Do not relist the cardiac operations already listed.*

Example	appendectomy	YEAR; 95	Location: Medical City
1.	_____	YEAR; _____	Location _____
2.	_____	YEAR; _____	Location _____
3.	_____	YEAR; _____	Location _____
4.	_____	YEAR; _____	Location _____
5.	_____	YEAR; _____	Location _____
6.	_____	YEAR; _____	Location _____

**SOCIAL HISTORY :**

**Patient Name:**

**DOB:**

**Marital status:**

- Single
  Married
  Divorced
  Widowed

**Do you smoke cigarettes?**

- YES  NO If yes, how many? # \_\_\_ yrs. \_\_\_\_\_ Packs per day

**Did you ever smoke?**

- YES  NO If yes, when did you quit? \_\_\_\_\_

**Do you drink alcohol?**

- YES  NO If yes, how much? Type \_\_\_\_\_ & \_\_\_\_\_ Drinks per week

**Do you drink caffeine beverages?**

- YES  NO If yes, which? \_\_\_\_\_

**Do you use recreational drugs?**

- YES  NO If yes, which? \_\_\_\_\_

**FAMILY HISTORY:**

Relation	Age	Health Problem	Age of death	Cause
Father				
Mother				
Paternal Grand Mother				
Paternal Grand Father				
Maternal Grand mother				
Maternal Grand father				
Brother: How many in all				
Sister: How many in all				
Sons: How many in all				
Daughters: How many in all				
Any other family members with illness noted above				



# VEIN SCREENING FORM

Please complete left side of form only.

Date: \_\_\_\_\_ Appt Time: \_\_\_\_\_ Screening Provider: \_\_\_\_\_

Name: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

DOB: \_\_\_\_\_ Sex:  M  F Insurance Provider: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

### I. Vascular History

Do you have or have you ever been diagnosed with:

- |                                     |   |      |   |
|-------------------------------------|---|------|---|
| Varicose vein problems              | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Phlebitis (vein redness/tenderness) | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Blood clots                         | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Deep vein thrombosis (DVT)          | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Saphenous vein reflux               | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |

Do you experience any of the following in your leg(s):

- |                        |   |      |   |
|------------------------|---|------|---|
| Aching/pain            | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Heaviness              | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Tiredness/fatigue      | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Itching/burning        | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Swelling               | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Cramps                 | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Restless legs          | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Throbbing              | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Skin or ulcer problems | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Other:                 | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |

Which of the following do you currently do to improve your leg vein symptoms:

- |                     |   |       |       |
|---------------------|---|-------|-------|
| Medication for pain | <input type="checkbox"/> Y <input type="checkbox"/> N | What? | _____ |
| Elevation of legs   | <input type="checkbox"/> Y <input type="checkbox"/> N | What? | _____ |
| Wear support hose   | <input type="checkbox"/> Y <input type="checkbox"/> N | What? | _____ |

### II. Family History

Have any of your family members had:

- |   |   |      |       |
|---|---|------|-------|
| Varicose veins                            | <input type="checkbox"/> Y <input type="checkbox"/> N | Who? | _____ |
| Vein stripping                            | <input type="checkbox"/> Y <input type="checkbox"/> N | Who? | _____ |
| Blood coagulation disorder                | <input type="checkbox"/> Y <input type="checkbox"/> N | Who? | _____ |
| Blood clots                               | <input type="checkbox"/> Y <input type="checkbox"/> N | Who? | _____ |
| Stroke, heart attacks or pulmonary emboli | <input type="checkbox"/> Y <input type="checkbox"/> N | Who? | _____ |

### III. Vein Treatment History

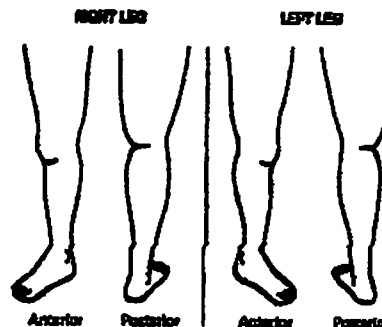
Have you ever been treated for varicose veins with:

- |  |   |      |   |
|--|---|------|---|
| Sclerotherapy                            | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Laser therapy (spider veins)             | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Phlebectomy                              | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| Vein stripping surgery                   | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |
| RF ablation (VNUS Closure <sup>®</sup> ) | <input type="checkbox"/> Y <input type="checkbox"/> N | Leg: | <input type="checkbox"/> R <input type="checkbox"/> L |

### IV. Personal Activities List

- |                            |   |
|----------------------------|---|
| Does your work require:    |   |
| Prolonged standing periods | <input type="checkbox"/> Y <input type="checkbox"/> N                 |
| Prolonged sitting periods  | <input type="checkbox"/> Y <input type="checkbox"/> N                 |
| Do you exercise regularly? | <input type="checkbox"/> Y <input type="checkbox"/> N                 |
| Do you smoke?              | <input type="checkbox"/> Y <input type="checkbox"/> N                 |
| Pregnancies                | <input type="checkbox"/> Y <input type="checkbox"/> N How many? _____ |

### V. Vein Screening (to be completed by screening provider)



Physical Exam:

CEAP Clinical Signs:

**RIGHT LEG (check all that apply)**

- |  |  |
|--|--|
| <input type="checkbox"/> No signs of venous disease                          | <input type="checkbox"/> Spider veins  |
| <input type="checkbox"/> Visible varicose veins                              | <input type="checkbox"/> Edema         |
| <input type="checkbox"/> Pigmentation <input type="checkbox"/> Healed ulcers | <input type="checkbox"/> Active ulcers |

**LEFT LEG (check all that apply)**

- |  |  |
|--|--|
| <input type="checkbox"/> No signs of venous disease                          | <input type="checkbox"/> Spider veins  |
| <input type="checkbox"/> Visible varicose veins                              | <input type="checkbox"/> Edema         |
| <input type="checkbox"/> Pigmentation <input type="checkbox"/> Healed ulcers | <input type="checkbox"/> Active ulcers |

Clinical Assessment:

- |   |   |
|---|---|
| <input type="checkbox"/> Chronic venous insufficiency | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Other: _____                 | <input type="checkbox"/> R <input type="checkbox"/> L |

Treatment Plan:

- |  |   |
|--|---|
| <input type="checkbox"/> Duplex ultrasound             | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Sclerotherapy                 | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Medical compression stockings | <input type="checkbox"/> R <input type="checkbox"/> L |
| <input type="checkbox"/> Other: _____                  | <input type="checkbox"/> R <input type="checkbox"/> L |

Screening Provider Signature: \_\_\_\_\_

<b>Follow-Up Appointment</b>	
Date: _____	Time: _____
Physician: _____	
Physician Phone Number: _____	

NOTES: