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### 10 Shoulder Specialists to Know

PRINT EMAIL

Written by Staff

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**Vivek Agrawal, MD** — Dr. Agrawal is director of The Shoulder Center in Zionsville, Ind., which specializes in providing advanced care for shoulder problems. As a college student, he injured his shoulder playing competitive tennis, and the lack of available, adequate treatment piqued his interest in shoulder care.

Dr. Agrawal received a bachelor of science in biochemistry from the University of Illinois at Urbana-Champaign and his medical degree from the Indiana University School of Medicine. He completed his surgery residency at Indiana University and a shoulder and knee fellowship with Dr. Eugene Wolf in San Francisco. He is a member of the Arthroscopy Association of North America, the American Academy of Orthopaedic Surgery and the American Board of Orthopaedic Surgery.

**David W. Altchek, MD** — Dr. Altchek is an attending orthopedic surgeon and co-chief of sports medicine and shoulder service at Hospital for Specialty Service in New York, N.Y., and has special expertise in arthroscopic surgery of the shoulder. He is medical director for the New York Mets and a medical consultant for the National Basketball Association. Dr. Altchek received his medical degree from Weill Cornell Medical College, where he currently serves as a professor of surgery in clinical orthopedics. He is the author of more than 100 articles and book chapters on problems of the shoulder, elbow and knee. He was also a recipient of American Shoulder and Elbow Surgeons' Charles S. Neer Award.

**Ralph "Bud" Curtis, MD** — Dr. Curtis is a physician with the Sports Medicine Associates of San Antonio, Texas. He received his medical training at the University of Texas Medical School in San Antonio, where he also completed a residency program in orthopedic surgery. He completed a fellowship in shoulder surgery at the UT Health Science Center at San Antonio and has been a clinical faculty member since 1986. He has authored six text book chapters in orthopedics and sports medicine. Dr. Curtis is board certified by the American Board of Orthopaedic Surgery and a member of the American Academy of Orthopaedic Surgeons. He serves as a team physician for many San Antonio area high schools and the University of the Incarnate Word in San Antonio. He is the shoulder consultant for many professional sports teams including the San Antonio Spurs, the San Antonio Silver Stars, the San Antonio Missions AA Baseball Club and USA Swimming. Dr. Curtis is a past president of the Texas Society of Sports Medicine and is an active member of the American Orthopaedic Society for Sports Medicine and the American Shoulder and Elbow Surgeons.

**Evan L. Flatow, MD** — Dr. Flatow is a professor and chair of the orthopedics department at Mount Sinai School of Medicine in New York, N.Y., and is the president of the American Shoulder and Elbow Surgeons. At Mount Sinai, he has established an internationally renowned shoulder service, with particular interest in minimally-invasive fracture repair, arthroscopic repair, arthroscopic rotator cuff surgery and shoulder

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replacement. He has pioneered, in collaboration with the department of anesthesiology, the use of regional blocks so that that shoulder operations may be performed without general anesthesia, and helped to develop a comprehensive shoulder replacement system, which is widely used by shoulder surgeons around the world.

Dr. Flatow received his medical degree from Columbia University College of Physicians and Surgeons and completed residencies at St. Luke's Roosevelt Hospital Center and Columbia's Presbyterian Medical Center, located in New York, N.Y.. Dr. Flatow completed a shoulder and elbow fellowship at Columbia's Presbyterian Medical Center. He has received the American Shoulder and Elbow Surgeons' Charles S. Neer Award four times.

**Edward G. McFarland, MD** — Dr. McFarland is director of the division of adult orthopedics and Wayne H. Lewis Professor of Orthopedics and Shoulder Surgery at Johns Hopkins University in Baltimore. He is also team physician for Johns Hopkins University department of athletics and serves as a team physician for the Baltimore Orioles. He received his medical degree from the University of Louisville School of Medicine and completed his residency at Mayo Graduate School of Medicine in Rochester, Minn., and a sports medicine fellowship at the Kerlan-Jobe Orthopaedic Group in Inglewood, Calif.

Dr. McFarland serves on the editorial board for various publications including the *American Journal of Sports Medicine*, *Physician and Sports Medicine*, *Your Patient and Fitness* and *Orthopaedics and Traumatology* (international edition). He is a member of numerous professional organizations including the Southern Medical Association, the National Athletic Trainers Association, the American Orthopaedic Society for Sports Medicine, the American Society for Bone & Mineral Research, the Society for American Baseball Research, the American Academy of Orthopaedic Surgeons, the Baltimore County Medical Association, the Maryland Medical Association, the Maryland Orthopaedic Society, the Society for Tennis Medicine & Science, the American Orthopaedic Association and the American College of Sports Medicine

**S. Wendell Holmes, Jr., MD** — Dr. Holmes is director of The Sports Medicine Center of the Moore Orthopaedic Clinic, and is medical director of the Providence Orthopaedic & Neuro Spine Institute, both located in Columbia, S.C. He is board certified by the American Board of Orthopaedic Surgery. He received his medical degree from the University of South Carolina School of Medicine and completed his residency at Palmetto Richland Memorial Hospital, both located in Columbia.

Dr. Holmes training and love for sports medicine began with his own participation in soccer, basketball and football. He has continued his service to the community in sports medicine as the medical director of sports medicine at Providence Hospital's Orthopaedic and Neurospine Institute in Columbia, chairman of the South Carolina Medical Association's Medical Aspects of Sports Committee and team physician for 15 high schools, middle schools and colleges in South Carolina. Dr. Holmes has made countless surgery-specific presentations, written for numerous publications and holds five patents.

"Dr. Holmes is an incredible surgeon and patient advocate. He works tirelessly to assure the finest care for his patients and their families, often donating his time for athletes unable to obtain care," says Sean McNally, CEO of the Moore Clinic.

**Spero G. Karas, MD** — Dr. Karas is assistant professor and director of the sports medicine fellowship program at Emory Orthopaedic & Spine Center in Atlanta, Ga. He currently serves as a consulting team physician for Georgia Tech University, Emory University Athletics and Mount Vernon Presbyterian High School. He received his medical degree from Indiana University School of Medicine and completed his residency at Duke University Medical Center in Durham, N.C., and a sports medicine and shoulder fellowship at the Steadman-Hawkins Clinic in Vail, Colo.

Dr. Karas is certified by the American Board of Orthopaedic Surgery and has held leadership positions in numerous societies including the American Orthopaedic Association, the American Academy of Orthopaedic Surgery, the Arthroscopy Association of North America and the American Orthopaedic Society for Sports Medicine. Dr. Karas has been selected as one of America's "Top Sports Medicine Specialists" in *Men's Health* magazine and has been named one of the "Top Doctors for Women" by *Women's Health* magazine, "Best Orthopaedic Surgeons in America" by Castle Connolly and "the most trusted sports specialist in Atlanta" by *Atlanta Magazine*. He has been inducted into the society, American Shoulder and Elbow Surgeons. In his free time, Dr. Karas enjoys sports such as golf, skiing, snowboarding and fitness training. He also enjoys computers and digital photography.

**Mark Veenstra, MD** — Dr. Veenstra is a surgeon at the Surgery Center of Kalamazoo and a physician at K Valley Orthopedics in Kalamazoo, Mich. He specializes in sports medicine and shoulder and knee surgery, especially utilizing arthroscopic techniques. Dr. Veenstra received his medical degree from Wayne State School of Medicine in Detroit, Mich., and completed his orthopedic surgery residency at Henry Ford Hospital in Detroit.

In addition to his practice work, Dr. Veenstra has been involved in missionary medical work for the past 15 years, annually taking medical groups to Honduras on medical brigades. He is a member of Westwood Christian Reformed Church in Kalamazoo and has served on church council for many years. In his spare time, he enjoys sports including golf, basketball and softball. He is also a private pilot.

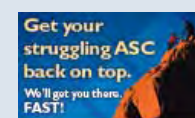
**Gerald R. Williams, Jr., MD** — Dr. Williams is director and a shoulder surgeon at the Shoulder and Elbow

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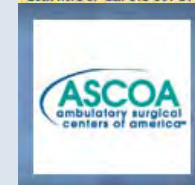
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Center at Rothman Institute in Philadelphia. His areas of surgical expertise include shoulder replacement, shoulder arthroscopy, rotator cuff repair and shoulder dislocations. He is president-elect of the American Shoulder and Elbow Surgeons. Dr. Williams received his medical degree from Temple University in Philadelphia and completed a fellowship in shoulder reconstruction at the University of Texas in San Antonio. He is an active participant in many major orthopedic societies and has held leadership positions on the Academy of Orthopaedic Surgeons Board of Directors and the Philadelphia Orthopaedic Society.

Dr. Williams has been published in numerous publications and has served or currently serves on the editorial boards for the *Journal of Bone & Joint Surgery*, *American Journal of Sports Medicine*, *Clinical Orthopedics and Related Research*, *Seminars in Arthroplasty*, *Operative Techniques in Orthopedic Surgery*, *Journal of Shoulder and Elbow Surgery* and *Techniques in Shoulder and Elbow Surgery*.

**George White, MD** — Dr. White is president of the Orlando (Fla.) Hand Surgery Associates and a surgeon at the Altamonte Surgery Center in Altamonte Springs, Fla. He is also an attending physician at Florida Hospital in Orlando, Orlando Regional Medical Center and Winter Park Memorial Hospital. Dr. White specializes in surgery of the shoulder, elbow and wrist.

Dr. White received his medical degree from Johns Hopkins University School of Medicine in Baltimore and completed his residency and fellowship at Johns Hopkins. He is a member of numerous professional societies including the American Medical Association, the Florida Medical Association, the Orange County Medical Society and the Academy of Orthopaedic Surgeons. He has published many articles on orthopedic surgery.

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