

SCREENING FOR PAD (PERIPHERAL ARTERY DISEASE)

PAD or peripheral artery disease is a condition where fatty buildup of cholesterol leads to narrowing of the arteries to the legs. One in 20 patients over age 50 have PAD, and most patients with PAD do not have any symptoms. **It is treatable if detected early.**

PAD indicates the presence of systemic circulatory disease. Definitive diagnosis of PAD is an important warning to take aggressive action to slow or prevent further atherosclerotic disease.

Please take a minute to complete this screening survey for today's appointment.

A. Symptoms: *please check any which apply to you.*

- Pain or cramping in the hip, thigh or calf muscles after any activity such as walking or climbing stairs.
- Temperature difference between the legs as one is cooler than the other.
- Weakness or numbness in the legs.
- Sores or open wounds in your feet or lower legs that are slow to heal.
- Color changes in your feet such as a purple or blue color.
- Hair loss or slow hair growth on your feet and legs.
- Shiny appearance to the skin of your legs.
- In men: erectile dysfunction.

B. History: *please check any which apply to you.*

- Do you have diabetes?
- Have you had a heart attack, stent or bypass?
- Have you had a stroke, TIA or surgery on your carotid arteries?
- Have you ever smoked?
- Are you over 50 years of age with high cholesterol?
- Are you over 50 years of age with high blood pressure?

Please present this survey to our front office staff along with your registration paperwork. Thank you!

Name: _____

Date of Birth: _____