



Pain Medicine Group

Mauna M. Radahd, M.D.

Morgan Callahan, M.D. Jason Tse, D.O. Andrea Cordova-Ogg, M.D.

PROCEDURE INSTRUCTIONS

- **Do not** eat, drink or smoke after midnight prior to your procedure.
- You **must** have someone drive you home after the procedure.
- **Do not** take any pain medications after midnight prior to your procedure. It is important that you are in pain at the time of the procedure.
- No aspirin or anti-inflammatory 5 days prior to the procedure. No blood thinning medications for 7 days prior to procedure. Patients taking prescription blood thinning medications must have approval from prescribing physician before discontinuing medications.
- If currently taking antibiotics, the course must be completed 2 days prior to procedure.
- Insulin dependent patients may take ½ usual dose prior to procedure, and ½ dose following procedure. Patients taking oral diabetes medications may take usual dose before 7 a.m. with small sip of water or wait until after the procedure.
- Patients taking heart or blood pressure medications may take usual dose before 7 a.m. with small sip of water.
- Procedure educational information sheet given.

I have read and understand the above instructions. I understand I need to be prepared for my appointment. I understand I need to arrive on time. I understand my appointment may be canceled if I fail to comply with any of these instructions.



2621 Cattlemen Rd, Suite 202
Sarasota, FL 34232
(941) 365-5672



1000 W. Broadway, Suite 208
Oviedo, FL 32765
(407) 332-1300



13782 Plantation Rd, Suite 101
Ft. Myers, FL 33912
(239) 277-7611

Next Scheduled Appointment:

Date: _____ Time: _____ a.m. / p.m

Patient Name : _____

Patient Signature : _____ Date _____

Should you have any questions concerning the instructions, please contact our clinical staff.