

INFORMATION FOR PATIENTS HAVING OUTPATIENT EXAMINATIONS**AT CARNEGIE HILL ENDOSCOPY**

Thank you for making an appointment with Dr. Jeffrey Loria. Our office has arranged for your procedure to be performed on an ambulatory basis at Carnegie Hill Endoscopy. Specific preparation instructions for your examination are enclosed on a separate sheet.

Your Appointment with Dr. Loria is on: _____

The Procedure You Are Scheduled For Is: **COLONOSCOPY/ ENDOSCOPY**

Please Read The Following Information. It Is Very Important.

- Carnegie Hill Endoscopy is located at 1516 Lexington Avenue, between 97th-98th Streets.
- There is a drop off area in front of the front door.
- It is very important that you arrive in time for your appointment or the procedure may be cancelled. Try to **arrive for registration at least 45 minutes prior to your scheduled examination.**
- The center prefers that you have a companion pick you up after the procedure and accompany you home. If there is an escort, you must wait 30 minutes after the procedure is completed. If you do not have an escort, you must wait 90 minutes after the procedure is completed. There is a waiting room for your family or companion.
- Parking is available in the building's parking lot, located on 98th Street between Park and Lexington Avenues. You will have to pay for parking. The garage charges \$7/hour. Please inform the attendant that you are coming for an outpatient procedure.
- Prior to the exam, you must register in the registration area. From there you will be escorted to the endoscopy area.
- After the procedure, you will be monitored by the nursing staff and discharged the same day. You will receive medication prior to the procedure and will not be able to safely drive a car yourself.
- Most procedures performed in an "ambulatory surgery setting" require precertification from your insurance company if you have private insurance (not Medicare patients). Please call your insurance company and see if precertification is needed for your policy. We will be contacting your insurance company as well.
- If you have any questions, please feel free to contact us @ 212-288-2278 (Kelly or Josie)

Women of childbearing and menstruating age must leave a urine sample the AM of exam.

No eating or drinking after midnight.

If your procedure is HET (hemorrhoid treatment), please use 1 Fleet Enema the AM of the exam.

If your procedure is Flexible Sigmoidoscopy, please use 2 Fleet Enemas AM of the exam.