



## Connecticut Pain Solutions

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### DISCHARGE INSTRUCTIONS SPINAL CORD STIMULATOR TRIAL

*Spinal Cord Stimulation (SCS) is an advanced treatment for certain types of chronic pain used when other therapies have failed in offering lasting pain relief. Electrode leads are placed over the spinal cord (in the epidural space) and connected to a programmable device which provides stimulation to the leads. When the power source is turned on, the electrodes on the leads will stimulate specific nerve fibers that affect the areas of your pain. The stimulation of the targeted nerves is intended to change how the pain is perceived. Instead of feeling pain, a different sensation is felt in areas that normally hurt. Most patients say this new sensation feels like tingling. For some patients, SCS is a way to regain their quality of life and return to a more normal lifestyle.*

- Keep bandages intact and dry
- Sponge bathe only while leads are in place
- Do not drive

#### **CALL MD IMMEDIATELY IF YOU EXPERIENCE:**

- Extremity weakness
- Fever or chills
- Marked elevation in back or neck pain

If you have any problems or questions, please call our office at (203) 626-9080. The office hours are Monday through Friday from 9:00 am to 5:00 pm.

In the event of an after-hours emergency related to your procedure, please call (203) 626-9080 and follow the instructions for contacting the on-call physician. Only emergency phone calls will be returned after hours. Under no circumstances will prescriptions be refilled or changed.