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Procedure: Mirena® IUS Insertion

Alternatives: 1. Copper IUD 2. Vasectomy / Bilateral Tubal Ligation
3. Oral Contraceptives 4. Condoms / Diaphragm 5. Other methods as
discussed by nurse and/or doctor

Benefits:

- Provides contraception with an intrauterine system that releases progesterone into the uterine cavity.
- It prevents pregnancy with a very low failure rate (approximately 0.1 % per year).

Side-effects and Risks:

- A small possibility of making a hole in the uterus (perforation) and even smaller possibility of injury to adjacent organs.
- If Mirena® fails and you get pregnant, there is a greater risk of having a tubal pregnancy, which can be a life-threatening condition.
- A small possibility of having a uterine/tubal infection. This infection could potentially lead to blockage of the tubes and infertility. Sometimes, this infection could require hospitalization.
- A small possibility of expulsion of the Mirena® from the uterus.
- Probably, decreased menstrual flow and decreased menstrual pain.
- Commonly, irregular bleeding in the first three months. This resolves most of the time by the sixth month.
- A 20% chance that you will stop menstruating after the first year.
- You may occasionally feel abdominal cramping. Rarely, patients may experience mild acne, breast tenderness, mood changes, or nausea.

If you experience abdominal pain with fever you must promptly call our office.

I HAVE READ ALL OF THE ABOVE INFORMATION AND THE PROVIDED BOOKLET. I UNDERSTAND THE INFORMATION AND THE PHYSICIAN HAS ANSWERED ALL OF MY QUESTIONS. I UNDERSTAND THAT I CAN STILL GET PREGNANT. **IF I SUSPECT THAT I AM PREGNANT I WILL DO A PREGNANCY TEST AND CALL THE OFFICE IF IT IS POSITIVE.**

Patient: _____ Signature: _____ Date _____

Physician: _____ Witness: _____ Date _____