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## **CARE FOLLOWING CROWN AND BRIDGE PLACEMENT**

**Mild discomfort:** Mild soreness and tenderness particularly at the injection site(s) is not uncommon. If the gums are irritated from the recent treatment, rinse with warm salt water. Take whatever medication you would use to treat a mild headache.

**Should you feel sensitivity:** With the provisional restorations, it is normal to have some sensitivity to thermal changes and sweets. Should the sensitivity increase in intensity, please contact our office.

**If the provisional crown/bridge contacts before the other teeth:** Call our office. Dr. Nealis is very careful to get the "fit" as precisely as possible; however, getting the bite perfect is difficult when your teeth and jaw are numb. A tooth that contacts prematurely might cause soreness and sensitivity to cold temperature, and if allowed to continue for an extended time, the bone surrounding the tooth could be damaged.

**Maintain good oral hygiene with the provisional crown/bridge:** Continue with good oral home care. Brush and floss daily. Remember to let go of one end of the floss and pull it through. Do not pull floss up, as you could pop off the provisional crown/bridge. Avoid hard and sticky foods as they may damage or dislodge the provisional crown/bridge.

**If the provisional crown/bridge comes off:** It is important to have it replaced as soon as possible. It holds the space for the permanent crown. Call our office and we will arrange a time to have it replaced. At the second appointment the permanent crown/bridge is placed and normal brushing and flossing routines may resume.