

Richard Blanchar, M.D.
BAYVIEW GENERAL MEDICINE

Excellence in Aesthetics

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Sculptra Aesthetic Informed Consent

The results of Sculptra Aesthetic are not immediate. At your first treatment visit, it may appear that Sculptra worked immediately because of swelling from the injections and the sterile water used to dilute Sculptra. A few days following the treatment the water is absorbed by your body and you may look as you did before your treatment. Sculptra takes time to gradually correct the depression in your skin. Your doctor will decide the appropriate number of treatment sessions and the amount of Sculptra you will need at each session. Multiple sessions are often required and some patients may require 3 to 6 treatments or more.

Side Effects – Side effects of Sculptra Aesthetic may include: delayed appearance of small bumps under the skin in the treated area, bleeding, tenderness or discomfort, redness, bruising, or swelling may occur at the site of injection.

Post-operative Care

- Ice packs may be used during the first 24 hours - 10 minutes on, 10 minutes off
- Massage the injected site vigorously four times daily for the first week
- Elevate the head with two pillows while sleeping during the first few days to minimize swelling
- Aspirin, NSAIDs, and alcohol should be avoided for the first few days after treatment
- Tylenol may be used for pain control
- Exaggerated movements of the areas augmented should be avoided for the first several days
- Avoid hot foods or gum chewing for the first several hours as mouth trauma may occur in the anesthetized areas

Notify the physician for significant swelling, bleeding, eye pain, vision loss, dusky discoloration, excessive pain, or fever.

Drugs, Pregnancy and Allergies – Sculptra Aesthetic is not indicated for pregnant or nursing woman, individuals with a history of a bleeding disorder, abnormal scarring or autoimmune disease. Notify your physician if you are taking immune-suppressants or blood thinners. Notify the physician if you have a history of herpes simplex (cold sores).

Suggested Follow-Up – I agree to follow up with Richard Blanchar, M.D. in two (2) weeks following my treatment and at reasonable intervals to assess my status. I agree to inform Richard Blanchar, M.D. of any problem that I am having and to allow him to see me at that time.

Consent – I voluntarily request treatment by Richard Blanchar, M.D. with the use of Sculptra Aesthetic which has been explained to me, and my questions regarding such treatment, its alternative, its complications and risks have been answered by the doctor, his staff, and/or written information. The information which I have been given has been in terms clear to me and I understand the risks and complications of the treatments. My questions have been fully and completely answered for me and I have read this document and understand its contents. I hereby give my unrestricted informed consent for the procedure.

I authorize Dr. Blanchar to disclose complete information concerning his medical findings and treatment of the undersigned, from the initial office visit until the date of the conclusion of such treatment, to those individuals who, in Dr. Blanchar's sole determination, are required to receive such information for the purpose of medical treatment, medical quality assurance and peer review.

Patient signature: _____ **Date:** ____/____/____

Print name: _____

