



## **PROSTATE ULTRASOUND AND BIOPSY**

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### **DESCRIPTION**

Prostate ultrasound involves passing a small probe into the rectum to look at the prostate gland. It uses harmless sound waves to produce images of the prostate.

The prostate is numbed with local anesthetic. Biopsies are then taken with a small needle through the ultrasound probe.

You may have some soreness around the rectum and notice blood in the urine, semen and stool for a few days after the procedure.

Biopsy results are available one week after the procedure.

### **PREPARATION**

1. Blood-thinning medications (i.e. aspirin, Coumadin, Plavix, Motrin, Advil, Aleve) should be stopped 7 days before the scheduled biopsy.
2. You may have a light breakfast and lunch the day of the procedure.
3. Self-administer a Fleet enema one hour prior to your departure for your appointment.
4. Take the prescribed antibiotic medication twice daily for three days. You will start taking it the day before the biopsy.

### **Appointment**

Prostate Biopsy Date: \_\_\_\_\_ Time: \_\_\_\_\_

Follow-up Date: \_\_\_\_\_ Time: \_\_\_\_\_