

Name: \_\_\_\_\_ Sex  Male  Female

Date of Birth \_\_\_\_\_ Number of Children \_\_\_\_\_

Best Phone # to reach you to discuss results \_\_\_\_\_

Local Pharmacy \_\_\_\_\_

Mail order Pharmacy \_\_\_\_\_

Occupation \_\_\_\_\_

Do you drink Alcohol?  Yes  No      **Exercise Level**    None    Occasional    Moderate    Heavy  
 Do you smoke?  Yes  No      **Diet**                    Regular    Gluten Free    Diabetic  
 Do you use illegal Drugs?  Yes  No

**PAST MEDICAL HISTORY**

Have you ever had any of the following conditions?

- Anxiety  Yes  No
- Arthritis  Yes  No
- Asthma  Yes  No
- Atrial Fibrillation  Yes  No
- (BPH)Enlarged Prostate  Yes  No
- Bone Marrow Transplant  Yes  No
- Breast Cancer  Yes  No
- Colon Cancer  Yes  No
- COPD  Yes  No
- Depression  Yes  No
- Diabetes  Yes  No
- Hearing Loss  Yes  No
- Hepatitis  Yes  No
- High Blood Pressure  Yes  No
- HIV/AIDS  Yes  No
- High Cholesterol  Yes  No
- Hyperthyroidism  Yes  No
- Hypothyroidism  Yes  No
- Leukemia  Yes  No
- Lung Cancer  Yes  No
- Lymphoma/Leukemia  Yes  No
- Pacemaker/Defibrillator  Yes  No
- Prostate Cancer  Yes  No
- Seasonal Allergies  Yes  No
- Seizures  Yes  No
- Stroke  Yes  No
- Other \_\_\_\_\_

**REVIEW OF SYMPTOMS**

Are you currently experiencing any of the following?

- Seasonal Allergies  Yes  No
- Runny Nose/Itchy Eyes  Yes  No
- Palpitations/Chest Pain  Yes  No
- Leg Swelling  Yes  No
- Fever/Chills  Yes  No
- Unplanned Weight Loss  Yes  No
- Cold/Heat Intolerance  Yes  No
- Excessive Thirst/Hunger  Yes  No
- Swallowing Problems  Yes  No
- Nausea/Vomiting  Yes  No
- Diarrhea/Constipation  Yes  No
- Burning w/Urination  Yes  No
- Blood in Urine  Yes  No
- Enlarged Glands  Yes  No
- Joint Pain  Yes  No
- Muscle Aches  Yes  No
- Headaches  Yes  No
- Memory Loss  Yes  No
- Depression  Yes  No
- Anxiety  Yes  No
- Wheezing/Asthma  Yes  No
- Shortness of Breath  Yes  No
- Problems Healing  Yes  No
- Other \_\_\_\_\_

**Surgical History**

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**Family History**

**ALLERGIES**

Please list all allergies & reactions to Medications, food, etc.

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**Medications (Use back if needed)**

Please list all current medications including over the counter

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