



Todd M. Goldberg, D.O., F.A.C.O.O.G.
Douglas Smith, D.O., F.A.C.O.O.G.
Suzette M. Rodriguez, M.D., F.A.C.O.O.G.

MEDICATIONS

Medications that are Safe to Use during Pregnancy and Breastfeeding

This is a list of over the counter medications that can be safely taken while pregnant and breast feeding. They can be taken as directed on the bottle or label. Generic equivalents of the listed medications are also safe. If any of the problems listed below persist more than one week, please contact your individual physician.

COMMON COLD, COUGH, HEAD CONGESTION:

Robitussin	Sudafed	Guaifenesin
Tylenol	Pseudoephedrine	Dextromethorphan
Robitussin DM	Claritin	Sudafed Cold & Cough
Actifed	Chlorpheniramine	Ocean Mist Nasal Spray
Benadryl	Clor-Trimeton	VICKS Vapor Rub
Chloraseptic	Mucinex	Any Throat Lozenge

ALLERGIES:

Claritin
Loratadine
Benadryl
Naphazoline Eye Drops
Visine A
Clear Eyes

STOOL SOFTENERS:

Colace
Surfak
Metamucil
Fivercon
Milk of Magnesia
Docusate Sodium

HEMORRHOIDS:

Tucks Wipes Preparation H Anusol/Anusol HC

HEARTBURN / INDIGESTION:

Mylanta

Tums

Maalox

Rolaids

Pepcid

Prilosec

Zantac

Ranitidine

HEADACHE / BACK PAIN:

Tylenol

Acetaminophen

Extra Strength Tylenol

Tylenol PM

DIARRHEA:

Kaopectate

Imodium AD

Kaopectate

Immodium

SKIN RASHES AND TOPICALS:

Aveeno

Benadryl Cream

Caladryl

1% Hydrocortisone

A 7 D Ointment

Lanolin

Nix / Rid-for head lice

Benzoyl Peroxide

Proactiv Products

Neosporin

Aloe Gel

Self Tanner

Yeast Infections: Monistat, Miconazole, Gyne-Lotrimin, Clotrimazole

What about antibiotics prescribed by my dentist or my other doctors?

There are many antibiotics that are safe to use in pregnancy: Amoxicillin, Penicillin, Augmentin, Cephalexin, Keflex, Clindamycin, Zpack, Azithromycin, Erythromycin

FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE AT WWW.GEMINIOBGYN.COM