

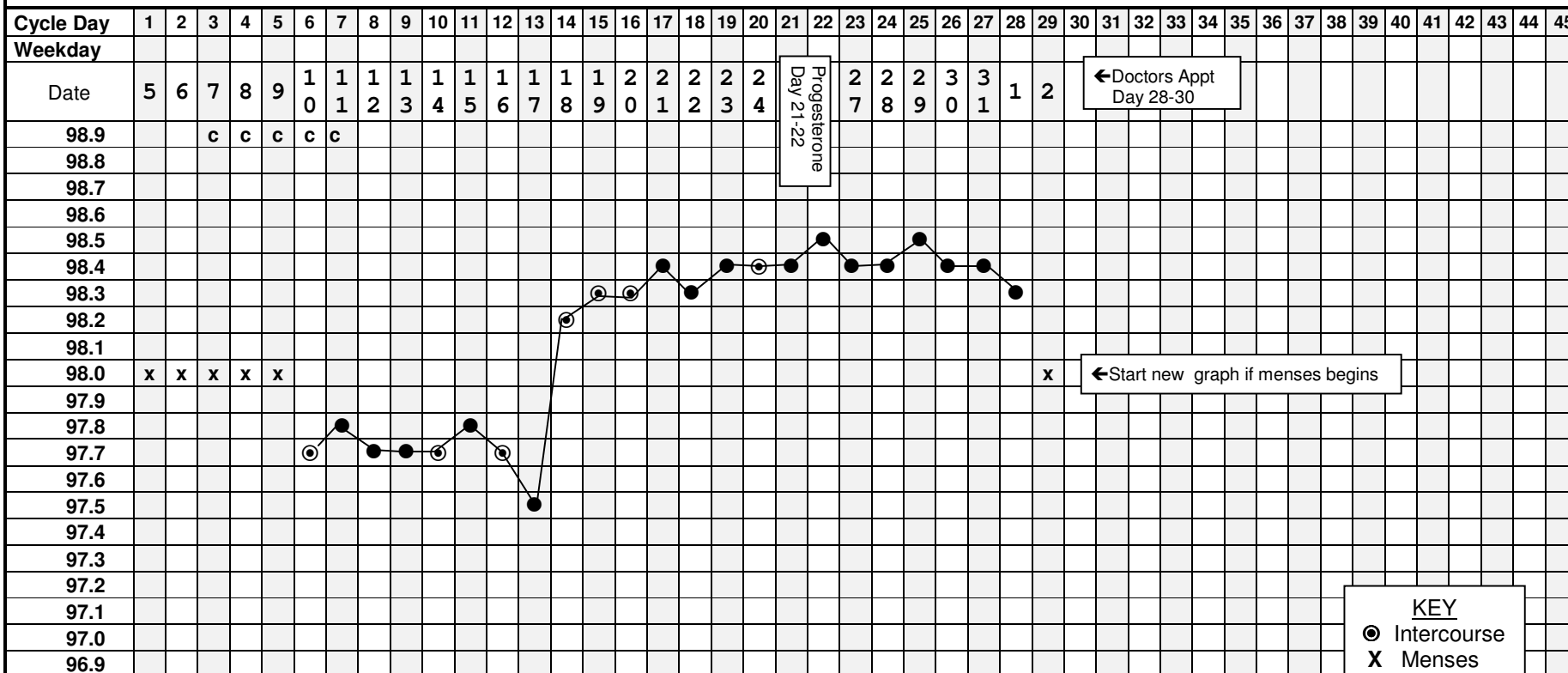


Center For Women's Health

Basal Body Temperature and Cervical Mucus Chart

Name: Jane Smith

Dates covered: 3/05/10 to 4/01/10



OPK																																																								
Intercourse																																																								
CM																																																								

CM = cervical mucus: P=period, D=dry, M=mucus, E=egg white
 OPK = Ovulation Predictor Kit Results
 C= Clomid

Notes: (List any changes to your routine)
 Out of town March 13th and 14th. Sore throat March 21st.