



1830 FRANKLIN STREET, SUITE 450  
DENVER, COLORADO 80218

## Dupuytren's Protocol

### Day 3-5

Phone: 303-321-1333  
Toll Free: 888-900-1333  
FAX: 303-321-0620  
www.western-ortho.com

James C. Holmes, M.D.  
General Orthopaedics  
Sports Medicine  
Surgery of Knee

Timothy J. Birney, M.D.  
General Orthopaedics  
Spinal Surgery

Ted Parks, M.D.  
General Orthopaedics  
Sports Medicine  
Arthroscopic Surgery

Armodios M. Hatzidakis, M.D.  
General Orthopaedics  
Shoulder and Elbow

Gareth E. Shemesh, M.D.  
Physical Medicine and Rehabilitation  
Electrodiagnostic Medicine

Raj Bazaz, M.D.  
General Orthopaedics  
Sports Medicine  
Arthroscopic Surgery

Kevin K. Nagamani, M.D.  
General Orthopaedics  
Foot and Ankle

Brian J. White, M.D.  
General Orthopaedics  
Sports Medicine  
Arthroscopic Surgery

Steven M. Traina, M.D.  
General Orthopaedics  
Sports Medicine  
Knee and Shoulder Surgery

Thomas G. Mordick II, M.D.  
Hand Surgery

Valerie C. Suleski, M.A.  
Practice Administrator

---

Foster Matchett, M.D.  
(1902 - 1979)

Charles Brown, M.D.  
(1917 - 2005)

Fred F. Teal, M.D.  
Retired

Theodore J. Clarke, M.D.  
Emeritus

---

Remove surgical dressing and inspect wounds.  
Hand based extension splint to surgical fingers  
Therapy 2-3 times per week for finger ROM. Instruct patient on home ROM exercises. Monitor for any loss of extension and notify physician.

### Week 2

Sutures removed by physician.  
Instruct on scar massage and edema control.  
Continue therapy 1-2 times per week for ROM  
Continue splinting for extension at night , splint may be removed during day as long as there is no loss of extension, resume day time splint if any loss of motion noted.