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Digital Nerve Repair

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Practice Administrator

Foster Matchett, M.D.
(1902 - 1979)

Charles Brown, M.D.
(1917 - 2005)

Fred F. Teal, M.D.
Retired

Theodore J. Clarke, M.D.
Emeritus

Day 3

Change post operative dressing
Inspect/clean wound
Splint joint proximal and distal to repair in 20 degrees flexion
dorsal block splint unless otherwise instructed
Begin ROM exercises within limit of splint
Therapy 1-2 times per week

Week 3

Discontinue splint
Begin ROM, active and assisted out of splint
Begin strengthening
Continue therapy 2-3 times per week until week 6 or full ROM and
80% grip strength

Therapy report to physician for 2 week and 6 week appointment. 6 week report to include ROM and strength measurements.