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## Arthroscopic Repair of TFCC

James C. Holmes, M.D. General Orthopaedics Sports Medicine Surgery of Knee	Day 3	Change dressing, clean wound, inspect wound Long arm splint, elbow 70degrees flexion, neutral rotation Wrist 10-20 degrees extension, fingers free Begin finger ROM to maintain full ROM Begin elbow flexion/extension to maintain full ROM NO supination/pronation Therapy 1-2X/week
Timothy J. Birney, M.D. General Orthopaedics Spinal Surgery		
Ted Parks, M.D. General Orthopaedics Sports Medicine Arthroscopic Surgery		
Armodios M. Hatzidakis, M.D. General Orthopaedics Shoulder and Elbow	Week 6	Discontinue long arm splint,liberty brace or similar splint for sleep/travel/crowds Begin Active and Assisted Wrist ROM, also begin supination/pronation Begin strengthening program, putty Gripper other progressive resistance activities. Goal is full ROM and 80% grip strength by week 10 Therapy 3X/ Week Record ROM and Strength weekly
Gareth E. Shemesh, M.D. Physical Medicine and Rehabilitation Electrodiagnostic Medicine		
Raj Bazaz, M.D. General Orthopaedics Sports Medicine Arthroscopic Surgery		
Kevin K. Nagamani, M.D. General Orthopaedics Foot and Ankle		
Brian J. White, M.D. General Orthopaedics Sports Medicine Arthroscopic Surgery		Report to physician at week 2,6,10. Week 10 report to include weekly strength and ROM measurements.
Steven M. Traina, M.D. General Orthopaedics Sports Medicine Knee and Shoulder Surgery		
Thomas G. Mordick II, M.D. Hand Surgery		
Valerie C. Suleski, M.A. Practice Administrator		
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Foster Matchett, M.D. (1902 - 1979)		
Charles Brown, M.D. (1917 - 2005)		
Fred F. Teal, M.D. Retired		
Theodore J. Clarke, M.D. Emeritus		