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### **PRP patient information**

This treatment involves the collection of your blood (approximately 8 - 16ml), then your blood is spun down using a centrifuge to separate out the plasma and platelet portion using the separator gel' as a special filter. The PRP portion of your blood is then injected back into your skin to stimulate new collagen production, and to re-energize your cells into rejuvenating themselves. The product injected is 100% your own blood by-product (autologous).

**Treatment Schedule:** 1st treatment - Now

**2nd treatment** - At 4 weeks

**3rd treatment** - At 2 months

**4th treatment** - At 3 months

**5th treatment** - At 4 months

**6th treatment** - At 5 months

***Then once every 6 months (depending on the response)***

### **Contraindications -**

**You should not have PRP treatment done if you have any of the following conditions:**

Skin conditions, diseases, treatments ( past and present ) this includes- SCC, BCC and melanoma, systemic cancer, chemotherapy, steroid therapy, dermatological diseases affecting the face (i.e. Porphyria), Blood disorders and platelet abnormalities, Anticoagulation therapy (i.e.: Warfarin) .

**Please advise your treatment provider if you suffer from, or suspect you suffer from, any of the following conditions:**

Platelet dysfunction syndrome, critical thrombocytopenia, hypofibrinogenemia, hemodynamic instability, sepsis, chronic liver disease, Hepatitis or any acute or chronic infections.

**Please advise your treatment provider if you are you currently taking any of the following medications:**

Aspirin, Anti-inflammatory such as Nurofen, Votaren, Diclofenac, or Naproxen, St Johns Wort, Garlic. Please advise your treatment provider if you are currently taking, or have you recently taken (within 14 days) Vitamin E, or Fish Oil supplements that could have a thinning effect on your blood.

**Risks and Complications -**

**These include:**

Pain or itching at the injection site, bleeding, bruising, swelling and/or infection, temporary pinkness/redness (flushing) of the skin, allergic reactions to the solution, injury to a nerve from the injection, nausea/vomiting, perioperative dizziness or fainting. You will likely experience mild to moderate swelling of the treated area, this will last for about 12- 24 hours; ice or cold compresses can be applied to reduce swelling if required. You may notice a tingling sensation while the cells are being activated. In rare cases skin infection may occur, which is easily treated with an antibiotic.