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Houston Methodist Orthopedics & Sports Medicine
O: 713.441.3667
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PRE-OP SURGERY INSTRUCTIONS

Patient's Name: _____ DOB: _____

Diagnosis: _____

Procedure: _____

Pre-registration is required. Please call 713-441-6504 to register.

Preadmission Testing (PAT) is located at 6560 Fannin St., Scurlock Tower. You will need to visit the preop/anesthesiology (PAT) department before surgery can be done. They are located on the 3rd floor of the Scurlock Tower and are open weekdays from 8 am to 6 pm. Please call, 713-441-6504, option #3, to schedule an appointment. They will review your medical history and make sure you are getting all the tests required from the anesthesiologist before surgery can be performed. Depending upon your age, procedure, etc., you may require a medical clearance from your internist and in some cases a cardiac clearance from a cardiologist. This must be done within a month of your surgery. Please take a complete list of your medications or take the bottles of meds with you. Do NOT wait until the week of your surgery to do this-it may delay your surgery date.

If it is determined you need a pre-op work up, you will need the following:

- ___ EKG
- ___ T&C (2 units)-PRBCs
- ___ CBC, Comp Met Panel ___ ESR/CRP
- ___ PT/INR/PTT
- ___ U-HCG ___ Urinalysis (with culture and sensitivity if indicated)
- ___ Chest X-ray
- ___ Statement from your physician clearing you for surgery
- ___ Any other test necessary that you need to do a pre-op clearance (Please fax the results and clearance letter to 713-790-2058).

DME: (sling and knee braces) You may get a phone call from Medical Express Orthopedic Services regarding equipment that we may order for you. We have asked this company to provide this equipment for you and they may need to discuss insurance and other financial information with you.

Two Weeks Prior to Surgery

STOP all aspirin, ibuprofen (Advil & Motrin), Naprosyn (Aleve).

One Day Prior to Surgery

Our surgical coordinator, Hector Castillo will call you the business day before your scheduled surgery to tell you your arrival time. If you have any questions please call 713-441-3667.

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Day of Surgery

DO NOT EAT OR DRINK (this includes water, coffee, gum, mints) after midnight the night before your surgery. The anesthesias preop team will tell you which medications (if any) to take the morning of surgery. Take these with only a sip of water on the morning of your procedure.

If you have crutches or a brace, bring them with you. Wear loose comfortable clothing. For shoulder or elbow surgery we suggest wearing a button up shirt (not a pullover).

Check in on the 2nd Floor of OPC Building, Houston Methodist Hospital, 6445 Main Street, Houston, TX 77030. The surgery is performed on the 19th floor.

Shoulder replacements and anyone 70 years old or older will stay overnight.

Billing Questions:

Here is a list of contacts that may further assist you in the event that you have additional questions/concerns:

HMH Estimates/Financial Counselors	713-394-6807
HMH Billing	832-667-6291
Chastiny Adibi (Dr. McCulloch Billing)	346-238-0020
HMH International Finance	713-441-2350