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PRE-OP SURGERY INSTRUCTIONS

Patient's Name: _____ DOB: _____

Diagnosis: _____

Procedure: _____

First Street Surgical Hospital
4801 Bissonett Street Bellaire, Texas 77401
713-275-1111

www.firststreethospital.com

Please contact the above number and request pre-admission to make an appointment for your consultation. First Street Hospital is open 24 hours/day, 7 days per week.

If it is determined you need a pre-op work up, you will need the following:

- ___ EKG
- ___ CBC, Comp Met Panel ___ ESR/CRP
- ___ PT/INR/PTT
- ___ U-HCG ___ Urinalysis (with culture and sensitivity if indicated)
- ___ Chest X-ray
- ___ Statement from your physician clearing you for surgery
- ___ Any other test necessary that you need to do a pre-op clearance (Please fax the results and clearance letter to 713-790-2058).

TWO WEEKS PRIOR TO SURGERY **STOP** all Aspirin, Ibuprofen (Advil & Motrin), Naprosyn (Aleve).

DME: (sling and knee braces) You may get a phone call from *Medical Express Orthopedic Services* regarding equipment that we may order for you. We have asked this company to provide this equipment for you and they may need to discuss insurance and other financial information with you.

One Day Prior to Surgery

Our surgical coordinator, Hector Castillo will call you the business day before your scheduled surgery to tell you your necessary arrival time. If you have any questions please call 713-441-3667.

DO NOT EAT OR DRINK (this includes water, coffee, gum, mints) after midnight the night before your surgery. The anesthesias preop team will tell you which medications (if any) to take the morning of surgery. Take these with only a sip of water the morning of your procedure.

Day of Surgery

If you have crutches or a brace, bring them with you. Wear loose comfortable clothing. For shoulder or elbow surgery we suggest wearing a button up shirt (not a pullover).

Billing Questions:

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First Street:

Kristen Crawford

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Chastiny Adibi (Dr. McCulloch Billing) 346-238-0020