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## ACL Objective Functional Test: Lower Extremity Active Performance (LEAP) Inventory

Patient: \_\_\_\_\_ Injury: \_\_\_\_\_ Laterality: \_\_\_\_\_  
 \_\_\_\_\_  
 Date of Surgery: \_\_\_\_\_ Date of Testing: \_\_\_\_\_ Sport: \_\_\_\_\_  
 \_\_\_\_\_

Strength:	Result		Percent of Contralateral
1. SL squat	L: _____	R: _____	
<b>Functional Hop Testing:</b>			
2. SL hop for distance	L: _____	R: _____	
3. Triple hop	L: _____	R: _____	
4. Crossover hop	L: _____	R: _____	
5. Timed 6 meter hop	L: _____	R: _____	
6. SL lateral hop	L: _____	R: _____	
7. SL medial hop	L: _____	R: _____	
<i>Functional Hop Test Aggregate</i>	<i>(Sum of percentages ÷ 6) =</i>		
<b>Optional Advanced Functional Testing:</b>			
1. Modified T-test	L: _____	R: _____	
2. Max SL vertical jump	L: _____	R: _____	
3. 5-10-5 Pro Agility	L: _____	R: _____	
<i>Adv. Functional Test Aggregate</i>	<i>(Sum of percentages ÷ 3) =</i>		

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Qualitative Assessment Comments:

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