

WHAT TO EXPECT DURING SCLEROTHERAPY

1. For ladies, shave your leg 1-2 days before the procedure. For men, the Doctor will shave your leg in the office. Do not apply lotion to your leg.
2. Inside the procedure room, you will be standing in a flat form or you will sit up with your legs hanging down to allow the vein to be distended and is better visualized. The location of the diseased vein will be marked (vein mapping), sometimes using a “**vein viewer**” or vein light.
3. If the diseased veins are deep, the skin is cleansed with Chloraprep (alcohol solution). Small needles are now inserted to the veins and secured by narrow tape to the skin.
4. You will then lie down. The legs are elevated higher than the heart, by tilting the procedure table – this will empty the blood from the veins.
5. The veins will be injected with the solution or foam solution using the needles that have been placed and secured to the skin. The needles are removed.
6. If the diseased veins are reticular or spider veins, you will lay flat on the procedure table after the veins were marked. At this point, all the veins will be individually injected using the tiniest needles. The overhead light may be turned off and the vein is injected using only the vein light.
7. The maximum amount of sclerosing solution that could be given safely per session is 20 cc.
8. After the injections are completed, the skin will be cleansed with antiseptic solution, allowed to dry and compression bandages are applied so that the vein will remain free of blood for at least 24 hours.
9. A typical sclerotherapy session lasts 30-45 minutes.