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ADJUNCTIVE CANCER CARE: OVERVIEW

**PLEASE NOTE:** Adjunctive cancer care is NOT a specific treatment or cure for cancer

It IS a careful selection of scientific and proven strategies designed to help you be more successful in your fight against cancer. Specifically, adjunctive cancer care has the following goals:

1. Support your conventional cancer strategy
   1. Improve the effectiveness of chemotherapy and radiation therapy
   2. Reduce unwanted side effects
   3. Accelerate healing and recovery after surgery
2. Improve the nutritional health of your body
   1. Focus your diet on foods and strategies that improve the functional nutrient density of your cells
   2. Remove dietary toxins that harm your health and promote cancer growth
3. Support the healthy function of your digestive system
   1. Improve the digestion and assimilation of important nutrients
   2. Ensure adequate elimination of toxic waste products
   3. Support the gut/immune and gut/nervous system connections
4. Promote and boost the activity of your immune system
5. Address possible underlying causes of your cancer and help reduce chance of recurrence
   1. Assess modifiable genetic risk factors (for example: impaired methylation or disrupted estrogen metabolism)
   2. Remove biological (infectious) and environmental toxins
   3. Provide strategies and assistance for dealing with toxic stress and emotions

Examples of some of the available adjunctive cancer care therapies include the following:  
(\*Note: the therapies chosen for your care will depend on your specific health situation and risk factors, and will be determined after a thorough evaluation and discussion with the doctor.)

* Dietary adjustments (counseling and direction provided with our certified nutritionist)
* Specific nutrient support (for example: to enhance cell mitochondrial energy production, tissue detoxification, mitigation of genetic risk factors)
* IV high dose vitamin C (sometimes in conjunction with other proven oxidative therapies)
* Hyperbaric Oxygen therapy
* Frequency Specific Microcurrent (for control of pain and inflammation)
* Immune modulation therapy (using nutrients to boost immune function)
* Stress management strategy (Emotional Freedom Technique)
* Far Infrared Sauna (for pain control and elimination of environmental toxins)