

## **For patients of the Allergy and Asthma Center:**

1. If your appointment is for for a routine follow up appt or medication refills, we recommend that you schedule a telemedicine appointment instead of coming into the office.
  - For telemedicine, you schedule your appointment as you would a regular face-to-face appointment on our website at [www.novaallergy.com](http://www.novaallergy.com). Just put “Telemedicine” under the comments.
  - Please download, sign and email the telemedicine consent form also on our website.
  - At your appointment time, please go to [doxy.me/drallergist](https://doxy.me/drallergist), and the allergist physician will go online to “meet” with you virtually.
2. We encourage to come to your appointment alone. If it is not possible , we will limit to one accompanying person per patient and, unless absolutely necessary, we will have them wait outside and not come into the exam room with you.
3. All patients and visitors must sanitize their hands at arrival. We recommend that you bring your own masks as well and wear them when in the office.
4. All patients and visitors who accompany the patient to the exam room will have their temperatures taken.
5. As always, if you are experiencing cough, shortness of breath, difficulty breathing, fever and/or flu like symptoms, please reschedule your appointment. We will waive any "No-Show Penalty fees” if you are having these symptoms.

### Recommended guidelines:

Wash your hands often for 20 seconds with soap and water

Do not touch your face

Practice social distancing

Cover your coughs and sneezes

Limit travel to that which is ESSENTIAL

If you do feel sick, stay home and contact your primary care physician.

Please remain vigilant and calm.

Best regards,

Anita N. Wasan MD FAAP FACAAI FAAAAI  
Allergy and Asthma Center