



CAPITAL WOMEN'S CARE

Manassas, Haymarket & Fair Oaks, VA

March 18, 2020

Dear Patient,

During this challenging time, we want to assure you that we plan to remain open during the COVID 19 pandemic. Fortunately we are not a primary care office and do not see patients for a acute illness. As such, our offices should be devoid of patients with acute respiratory infection.

We are taking extra precautions to ensure our patient's and staff's safety at this time. The following measures are currently be implemented:

- Prior to every visit, we are asking that patients reschedule their appointment if they are experiencing symptoms of an acute respiratory illness.
- We are limiting the number of people in our office such that only patients are permitted in our offices. If you are having an ultrasound, you may share the experience with friends and family via Face Time or Skype. As always, videotaping is not permitted.
- We are screening our staff and following CDC guidelines regarding staff members who are ill or may have been exposed to COVID 19.
- We are following all infection protocols: our staff are disinfecting surfaces on a regular basis including at each contact point with the patient throughout our office. We also have hand sanitizer throughout the office for use by staff and patients.

We are closely reviewing local health department reports and monitoring guidelines established by the Centers for Disease Control (CDC). In addition, we are following protocols established by The American College of Obstetricians and Gynecologists (ACOG) in conjunction with the Society for Maternal-Fetal-Medicine(SMFM) with regard to caring for pregnant patients during this time.

Novant Health UVA Prince William Hospital, Novant Health UVA Haymarket Hospital and Inova Fair Oaks Hospital have restricted entry points to the hospital to minimize foot traffic. At this time, the main hospital entrance is the best entrance to use for all non-emergent visits including patients in labor. The emergency room entrance should be used for non-labor emergencies. All patients are being screened for acute respiratory illness at the time of entry. As such, it may take longer than usual to gain access to the hospital including radiology facilities for imaging such as mammography. Please keep this in mind when you go to the hospital.

If you are nearing your due date, the above noted protocols for the hospital are in place. In addition, you may only having one support person with you for the duration of your labor and hospital stay.

At this time, routine radiology tests (mammogram, bone density) are still being performed at our local radiology facilities and at the hospital. We recommend that you do call the facility before you go for the imaging test to make sure that this is still the case.

Thank you for your patience as we continue to navigate this situation. Should we need to further modify our office operations, we will let you know.

We are here for you during this challenging time.

Sincerely,

David Afram, MD
Lead Physician, Capital Women's Care, Division 45