



81 Holly Hill Lane; 2<sup>nd</sup> floor  
Greenwich, CT 06830  
(203) 321-5063 or (203) 769-1312

Tarique Perera, MD

Joseph Deltito, MD

Erica Saypol, PhD

Lisa Fraidin, PhD

### Patient Information

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

May we write you at your home address? Yes \_\_\_ No \_\_\_

Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_ Employer or School \_\_\_\_\_

Gender \_\_\_\_\_ Marital Status \_\_\_\_\_

Home Ph. (    ) \_\_\_\_\_ May we leave detailed messages? Yes \_\_\_ No \_\_\_

Cell Ph. (    ) \_\_\_\_\_ May we leave detailed messages? Yes \_\_\_ No \_\_\_

Work Ph. (    ) \_\_\_\_\_ May we leave detailed messages? Yes \_\_\_ No \_\_\_

Which is your preferred contact number? Home \_\_\_ Cell \_\_\_ Work \_\_\_

Fax Number (    ) \_\_\_\_\_ May we send you faxes? Yes \_\_\_ No \_\_\_

Email Address \_\_\_\_\_

May we email you with information? Yes \_\_\_ No \_\_\_

What pharmacy do you use? \_\_\_\_\_

Patient Code: \_\_\_\_\_

### Insurance Information

Primary Insurance Carrier \_\_\_\_\_ Phone (    ) \_\_\_\_\_

Insurance ID \_\_\_\_\_ Group/Plan# \_\_\_\_\_

Insured Name \_\_\_\_\_

Insured Employer \_\_\_\_\_

Insured DOB \_\_\_\_\_ Gender \_\_\_\_\_

Secondary Carrier \_\_\_\_\_ Phone (    ) \_\_\_\_\_

Group/Policy# \_\_\_\_\_ Patient ID# \_\_\_\_\_

Insured Name \_\_\_\_\_

Insured Employer \_\_\_\_\_

Insured DOB \_\_\_\_\_

### Emergency Contact

Name \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone (    ) \_\_\_\_\_ Cell Phone (    ) \_\_\_\_\_

### Referred by

Name \_\_\_\_\_ Phone (    ) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Patient Code: \_\_\_\_\_

**Medical Information**

Primary Care Doctor \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Psychiatrist \_\_\_\_\_ Phone ( ) \_\_\_\_\_

**Current Medication(s)**

**Dosage/Frequency**

---

---

---

---

---

---

---

---

---

---

**Past/Present Medical  
Conditions** \_\_\_\_\_

---

---

Have you been in psychotherapy before? Yes \_\_\_ No \_\_\_

If yes, when \_\_\_\_\_

Please list previous therapist(s) name(s), date range, reason for treatment, and reason for termination:

Name	Date Range	Reason for Treatment	Reason for Termination

**Reason for today's  
visit?** \_\_\_\_\_

---

---

Patient Code: \_\_\_\_\_

Highest Level of Education Completed \_\_\_\_\_

Please list the age of each parent (or age when deceased)

Mother \_\_\_ Father \_\_\_

Do you have siblings? Yes \_\_\_ No \_\_\_ If so, please list gender and age of each:

---

---

Have any of the following relatives had psychological difficulties (whether or not they received treatment)?

Relative	Yes / No	Type of Problem (e.g., anxiety, depression, bipolar disorder, schizophrenia, etc.)
Mother		
Father		
Siblings		
Aunts/Uncles		
Cousins		
Grandparents		

Patient Code: \_\_\_\_\_