



Athens Digestive Healthcare Associates

1360 Caduceus Way

Building 300

Watkinsville, GA 30677

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BREATH TEST INSTRUCTIONS

- Nothing to eat or drink 1 hour before test
 - (Includes, No smoking, no gum, candy or mints, mouthwash, or teeth brushing)
- You must be off all antibiotics and bismuth (pepto bismol) products 4 weeks prior to test
- You must be off all PPI (Acid Reflux) meds, Examples: Prilosec, Dexilant, Nexium, Aciphex, Prevacid, Pantoprazole, Omeprazole, Zegerid, and Lansoprazole 2 weeks prior to test
- It is ok to take Zantac, Pepcid, or Mylanta within the 2 weeks if you're having symptoms
- You must be off all PPI/Acid reflux meds including Zantac, Pepcid, and Mylanta 48 hours before breath test
- Your appointment is scheduled for

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**If you have any questions, please contact our office at
(706) 850-4985**