



MOVIPREP INSTRUCTIONS

Clear Liquid Diet ONLY All day: Black coffee, tea, apple juice, white grape juice, soft drinks, Gatorade, chicken or beef broth, Jell-O, popsicles, hard candy

NO SOLID FOODS, NOTHING RED OR PURPLE IN COLOR, AND NO MILK OR MILK PRODUCTS, OR ALCOHOLIC BEVERAGES

Moviprep is a split dose (2-day) regimen. Both Regimens are required for a complete prep

First Dose: Begin Step 1 @ 6:00pm the evening before your procedure

You must complete Steps 1 through 4 before going to bed

Step 1: Empty 1 pouch A and 1 pouch B into the disposable container

Step 2: Add cool drinking water to the top line on the container and mix

Step 3: The **Moviprep** container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete. You may start going to the bath room after only a couple of glasses, but be sure to drink **ALL** of the solution.

Step 4: Drink an additional 16 ounces of the acceptable clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

Second Dose:

Begin Step 1: 5 HOURS PRIOR TO PROCEDURE

*For this dose: Repeat Steps 1 through 4 shown above using the other Pouch A and Pouch B.

NOTE: You must finish drinking the final glass of water at least 3 hours before your colonoscopy

Report To: _____

Arrival Time: _____

Date: _____

****YOU MUST HAVE A DRIVER TO ACCOMPANY YOU TO YOUR PROCEDURE DUE TO SEDATION****