



Athens Digestive Healthcare Associates
1360 Caduceus Way
Building 300
Watkinsville, GA 30677
Phone: (706) 850-4985 Fax: (706) 850-4989

EGD (Esophagogastroduodenoscopy)

NIGHT BEFORE PROCEDURE:

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

DAY OF PROCEDURE:

Nothing to eat or drink, not even water. You may brush your teeth.

SPECIAL INSTRUCTIONS FOR MEDICATIONS:

Heart Medicine	Take with sip of water only
Blood Pressure Medicine	Take with sip of water only
Acid Reflux/PPI	Hold morning of procedure
Insulin	Hold morning of procedure
Blood Thinner	Ok to continue
Aspirin or Aspirin like products (Advil, Motrin, Ibuprofen)	Ok to continue
Naprosyn, Goodies, BC Powder	Ok to continue
Iron Preparations	Ok to continue
Vitamin E	Ok to continue
Oral Diabetic Medicine	Hold morning of procedure

If you are a diabetic: Check your blood sugar prior to coming for your procedure

Report to: _____

Arrival Time: _____ Day: _____ Date: _____

****MUST HAVE SOMEONE TO ACCOMPANY YOU AND
DRIVE YOU HOME****