

Nexclin Medicine

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Our newsletter this month is about the welfare of amazing men in our lives. The novel concept of men's wellness intends to reach beyond the classic definition of men's health and views the male patient as a whole. Breaking from the tradition where a physician treated a man solely for one condition, we have realized that problems such as erectile dysfunction or low testosterone are related to matters that affect the entire body. Patients with heart attacks, for instance, report that they started noticing erectile dysfunction about three years before they start having chest pain. Similarly, patients with low testosterone find themselves at high risk for developing diabetes, heart disease, brittle bones, and depression.

Nexclin Testosterone Replacement Therapy

As we age, hormone levels decline in men. The symptoms of andropause in men are fatigue, depression, irritability, decreased memory, reduced libido, erectile dysfunction, insomnia, and osteoporosis. Hormone Replacement Therapy is the replacement of testosterone in men with andropause in the form of injections, gels, patches or pellets. We also recommend balancing other hormone systems including adrenals, thyroid and growth hormone to feel energized and rejuvenated.



Male hormone pellets starting at \$550.

[contact us](#)

Nexclin Botox and Fillers

The use of neurotoxins and dermal fillers in men has been on the rise for nearly two decades. Several gender-based characteristics set men apart when considering cosmetic treatments. Men have more prominent jawlines and chins, higher and wider foreheads, and their eyebrows have a flatter contour, sitting lower along the orbital rim. These anatomical



differences also impact facial expressions. Men's facial expressions are larger after adjusting for face size, and men tend to develop more severe, deep wrinkles in all facial areas. The goal of a liquid facelift is to provide naturally lifted, fresh look. It can diminish the hollow areas under your eyes, fill your cheeks if they look gaunt, tighten wrinkles around your lips, eyes, and forehead and reduce the appearance of scars. We generally advise treatment of the entire face rather than one area for naturally rejuvenated results.

Botox \$10/unit , Voluma \$600/syringe, Lip Filler \$399/syringe

[contact us](#)

Nexclin PRP for Hair Loss

Our hair is our best accessory. In men, hair loss generally starts in the 30s. Hormonal imbalance, stress, and nutritional deficiencies are the most common causes of hair loss in men. Hair loss harms self-esteem and body image. PRP therapy is a non surgical way to treat the hair loss and we are seeing great results. PRP therapy for hair loss is a three-step process in which a person's blood is drawn, processed to separate platelet rich plasma, and then injected into the scalp. PRP injections trigger natural hair growth and maintain it by increasing blood supply to the hair follicles. We recommend a series of 4-6 sessions of PRP treatment for enhanced results.



Receive 6 sessions of PRP hair loss treatment for \$3200

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Nexclin Botox for Migraine Headaches

Botox prevent chronic migraines and headaches before they start. Botox interrupt pain production by blocking the release of pain-producing chemicals such as substance P and calcitonin gene-related peptide (CGRP). Botox is approved for adults with chronic migraine, who experience 15 or more headache days a month, each lasting 4 or more hours. Botox prevents on average 8 to 9 headache days and migraine/probable migraine days a month (vs 6 to 7 for placebo). In chronic migraine, standard treatments, including daily prescription preventive medications alone or in combination, are usually tried before Botox. A unique feature of Botox is that it must be administered through injection by a medical provider every three months to maintain the effect. Nonetheless, Botox has become a common treatment in headache centers in the US. Botox injections are well-tolerated, beneficial, and appear to be safe for long-term management of chronic migraine.



Ask us about the Botox savings program that may be used towards your deductible payment.

Nexclin Acne Treatment Program

Acne is a skin condition that occurs when your hair follicles become plugged with oil and dead skin cells. Acne is most common among teenagers, though it affects people of all ages. There are plenty of treatment options at every price point. A gentle, targeted approach always works better than too-harsh products that strip the skin of its moisture. A cortisone injection will reduce inflammation and shrink swelling within six to 48 hours. We also recommend light therapy to target bacteria within the pores. Some oral antibiotics like tetracycline are also anti-inflammatory, which helps improve acne. Prescription vitamin A derivatives like Accutane may also be suggested.



Majority of insurance plans accept chemical peels as an effective way of longterm acne treatment.

[contact us](#)

Testimonial

"I was referred to Dr. Cheema by one of my workout buddies. I have not been disappointed by my experience. Everyone at the office is professional and treat me with respect and care. Dr Cheema is very knowledgeable. She listens to my concerns and then gives me enough information to make a decision. I feel that I am an active participant in the decision making process regarding my care. What can I say she has renewed my trust in the medical profession". Verified Patient



Our Office Hours

Monday : 9am - 5pm
Tuesday : 9am - 5pm
Wednesday : 9am - 5pm
Thursday : 9am - 5pm
Friday : 9am - 5pm
Saturday : 9am - 5pm
Sunday : Closed



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