Suffering from unresolved Lower Back Pain?



Do any of the following apply to you?

- History of a fall, accident or repetitive injury
 Trouble sleeping on one side
- Difficulty sitting for long periods of time
- ➤ Difficulty riding in the car

If you're tired of the pain, join us for a FREE SEMINAR:



Date: Tuesday, June 23 / 6:30 pm

Location: Hunterdon Orthopaedic Institute

Main Conference Room

8100 Wescott Dr., Flemington, NJ 08822

Speaker: Thomas A. St. John, MD

(908) 287-1433



Dr. Thomas St. John Orthopedic Spine Surgeon