

# Douglas Vascular Center

## Quality of Life Questionnaire

Patient Name: \_\_\_\_\_ D O B: \_\_\_\_\_ Date: \_\_\_\_\_

- Have you had any treatments for veins in your legs? If yes, please list the procedure, date of procedure, and performing physician.

- Have you had any bleeding from the veins? **Yes** **No** If yes, which Leg? **Left** **Right** **Both**

Where on the leg(s)?

Was this a spontaneous bleed? (bleeding without any bumping, scratching, or trauma) **Yes** **No**

How long did the bleeding last?

How did you stop the bleeding?

- Do you have any ulcerations, sores, or non-healing wounds? **Yes** **No**
- If yes, which leg and location on leg?

- Do you experience swelling in your legs? **Yes** **No**
- If yes, does one leg swell worse than the other and which leg?

When is the swelling worse?

How long does swelling last?

- Have any of the following conservative therapies been used:  
Compression socks or hose (medical grade 20/30mm or greater) ? **Yes** **No**
- If yes, how long have you been wearing compression socks or hose?

How often do you wear them? \_\_\_\_\_ While wearing, do you experience relief?

**Yes** **No**

While wearing, do you have discomfort? **Yes** **No** While wearing do you experience itching?

**Yes** **No**

When you remove them, is there discomfort? **Yes** **No**

Do you elevate your legs? **Yes** **No** If yes, how long? \_\_\_\_\_ How often?

Weight Loss?

Additional Information or therapies:

- Do your symptoms interfere with any of the following: Daily activities? **Yes** **No**  
Work? **Yes** **No**

Exercising? **Yes** **No** Sleeping? **Yes** **No** Other Activities:

- Do your legs cramp during the day? **Yes** **No** Cramping at Night? **Yes** **No**
- Have you taken any over-the-counter medications? **Yes** **No**

If so, what medications and did it help relieve any symptoms?

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- Have you experience any change in normal activity/lifestyle due to moderate/severe pain?   **Yes**   **No**
- Work Duties:

Are you required to:    Stand for long periods?    **Yes**    **No**    Heavy Lifting?    **Yes**  
**No**

Climbing stairs/ladders?    **Yes**    **No**

- Please list any additional information:

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