

2 MUSTS

(one) a great smile

If you want whiter teeth...

WHAT TO DO Start with a regular cleaning, says New York City cosmetic dentist Michael Apa: "Air abrasion, polishing, and hand instruments can make a big difference in stains." Then try bleaching; after about \$300 and an hour at the dentist's, your teeth will be several shades lighter. Or use an at-home kit—slower but very effective—like Crest 3D White Luxe Supreme FlexFit Whitestrips (\$65).

WHEN TO DO IT For in-office options, a few days prior to the wedding, says Apa; for at-home, two to three weeks before.

If you want straighter teeth...

WHAT TO DO Invisalign is still the gold standard (around \$5,600). After an initial fitting, you'll get removable "aligners," invisible trays that fit snugly over your teeth to guide them into place. You'll pop into the dentist's office every two weeks for six months to swap them out.

WHEN TO DO IT At least half a year before your wedding for traditional Invisalign; 10 weeks out for the express version (which costs around \$2,300 and is available for minor adjustments only).

If you want a major change...

WHAT TO DO Veneers! Wafer-thin layers of porcelain are bonded to your teeth to change their shape, color, and alignment dramatically. They're an investment—\$800 to \$2,500 each, and you'll likely need at least eight—but they should last 15 to 20 years, says Apa.

WHEN TO DO IT Anytime. Veneers are a big deal but a relatively quick one, requiring three office visits over one to two weeks.

WHITENING 101

"Whatever stains your shirt will stain teeth," says Lana Rozenberg, a cosmetic dentist in New York City. You can have coffee, red wine, berries, et cetera during your engagement year, she says, but brush your teeth, swish water, or chew sugarless gum right after. Then, two weeks before the big day, abstain entirely from the dark stuff. Can't survive without your morning coffee? Go for it. Just drink through a straw.

FOR PERFECT PICTURES

Your wedding is about love, commitment—and looking smokin' hot in those photos! Here's how to ensure you're stunning in every snap.

(two) the right makeup

TIP
The big day is *not* the time to experiment with new makeup. Put it to the test first. (And take photos!)

1 START WITH A "BLUR" BALM

The new ones use ingredients like silica to soften the look of pores so skin looks smoother, more even, and more natural—with less makeup. "If you're making foundation do all of the work, it can look thick and heavy in photos," says makeup artist Molly R. Stern, who works with Reese Witherspoon and Amy Adams. Use your fingers to apply the balm—after moisturizer and before foundation—targeting places plagued by large pores (typically the nose and the areas just beside it). We like L'Oreal RevitaLift Miracle Blur (1, \$25).

2 DON'T BE AFRAID TO (TRIPLE) BLUSH

You already know you need blush so you don't look washed out in pictures. But did you know you need three shades of it? For all skin tones, Stern recommends first brushing a bronze powder into the hollows of your cheeks (make a duck face to find them), then swirling a bright poppy color onto the apples, and finishing with a light peachy pink all over the cheeks. Three shades we love: Clarins Bronzing Duo (2, \$36), Chanel Powder Blush in Vibration (3, \$45), and Nars Blush in Sex Appeal (4, \$30).

3 KNOW THE POWER OF HIGHLIGHTER

"A Hollywood actress taught me years ago to use a highlighting powder to give the flash something to bounce off, which makes your skin glow beautifully," says Stern, who suggests dotting it at the inside corners of the eyes, on the tip of the nose, at the tops of your cheekbones, just above the lips, and on the chin. Try Stila All Over Shimmer Duo in Kitten (5, \$22).

4 LEARN THE WHITE-EYELINER TRICK

The larger the eyes, the more engaging the pictures, which is why most top models have gigantic ones! Luckily, the rest of us can fake it. Tracing the bottom inside rims of the eyes with a white pencil (we like Lancôme Le Crayon Khôl in Blanc, 6, \$26) gives the illusion of extending the whites of the eyes. "This instantly makes them look bigger and more awake—and no one can see the actual liner in person, never mind in photos," says Stern. (And it works on all skin tones.)

5 EMBRACE BROW GEL

Full brows frame the face and make you look polished in pics—until they get wonky. "There's nothing worse than having your close-up photos ruined by random brow hairs sticking up in the wrong direction," says Mario Dedivanovic, Kim Kardashian's makeup artist. The fix: After filling in your brows with powder or pencil, use a clear brow gel to brush and set the hairs neatly in one direction. We like Maybelline New York Eye Studio Brow Drama Sculpting Brow Mascara (7, \$7.99). Keep the gel on hand for any touch-ups, especially if you're switching dresses between the ceremony and reception.

6 FINISH WITH A CURLER AND FALSE LASHES

Curl first, making sure to reach the outer lashes. "Otherwise, eyes can look droopy," says Dedivanovic. Then, place a few individual clusters (they look more natural than strips) along the lashline. "This creates definition and makes the eyes pop in photos," says Stern. We like Tweezerman Rose Gold Procurl Lash Curler (8, \$22) and Ardell Duralash Individual Lashes (9, \$4.99). Brush on mascara and go!