

Please take a moment to read the following:

We are closely monitoring the spread of COVID-19 and taking every precaution to ensure that, no matter how the situation evolves, we can continue to safely care for all of our patients.

If you have a fever or cough, have traveled to an area designated with a with Level 3 CDC travel warning (<https://wwwnc.cdc.gov/travel/notices>) or other area with widespread local transmission, or have had recent exposure to someone under investigation for COVID-19 and have an upcoming appointment, please contact our office prior to your visit.

As a reminder, there are proactive steps that everyone can take to help prevent the spread of COVID-19 and other infections:

1. Frequently wash your hands with soap and water (for at least 20 seconds). If unable to wash, use an alcohol-based hand sanitizer.
2. Avoid touching your face, eyes and mouth.
3. Regularly clean commonly used surfaces with disinfectant.
4. Cover your mouth and nose with a tissue when coughing or sneezing. Throw the tissue away and then wash or sanitize your hands. If a tissue is not available, cough or sneeze into your upper sleeve or elbow.
5. Avoid shaking hands (even in a business setting).
6. Avoid sharing food and drinks.
7. Avoid close contact with people who are sick.
8. Stay home and keep your distance from others if you are sick.
9. People who think they may have been exposed to COVID-19 should contact their healthcare provider immediately.

The following are links to reliable on-line resources, although please understand that this information is RAPIDLY changing and may quickly be out of date:

MotherToBaby:

<https://mothertobaby.org/fact-sheets/coronaviruses/>

CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Mass.gov:

<https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

Brigham And Women's:

<https://www.brighamandwomens.org/about-bwh/newsroom/covid-19>

If you not have registered for Patient Gateway please take a moment to sign up by clicking the following link: <https://mychart.partners.org/mychart-prd/Authentication/Login?>
By signing up for gateway it is allows you to receive the most up to date information.