

DO NOT USE any non-steroid anti-inflammatory drugs (NSAIDS) such as:

Aleve, Advil, Ibuprofen, or Aspirin.

You must avoid the above for **1 week prior** and **2 weeks after** your procedure.

*** Please contact your prescribing physician when stopping any prescription anti-inflammatory, blood thinner, or aspirin product.

The Physicians at MidJersey Orthopaedics

