

**Rocky Mountain Fertility Center**

**12770 Lynnfield Dr., Meridian**

**Englewood, Colorado 80112**

**VARICELLA WAIVER**

I have been informed by Dr. Smith that I am **varicella non-immune**. Varicella is a virus that can be prevented by vaccination. My blood tests indicate that I am varicella non-immune which means I am not protected from getting the varicella virus.

Varicella virus causes the disease called chickenpox; symptoms can include: rash, itching, fever, and tiredness. However, if I am pregnant when I get the varicella virus the baby and the pregnancy could be affected. Varicella can cause severe maternal morbidity, and 10%-20% of infected women develop varicella pneumonia. The baby can also be affected with neonatal varicella after birth, associated with death of the baby about 30% of the time.

I understand that I could be vaccinated against varicella to decrease the risk of getting chickenpox if I do get pregnant. If I get the vaccine I would have to delay conceiving for two months. I have decided that I do not want the varicella vaccine. I am willing to accept the risk of getting the varicella virus. I have been advised of the following guidelines for avoiding varicella exposure if I do become pregnant:

1. Avoid all persons with chicken pox or shingles during pregnancy.
2. Avoid all persons with undiagnosed fevers and /or rashes.
3. Receive the varicella vaccine after delivery to decrease the risk to future pregnancies.

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Signature

Date

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Printed Name